



Psychiatric & Psychological Consultant Services



Due to the coronavirus disease 2019 (COVID-19), clinicians and health systems worldwide are being encouraged to adopt virtualised treatment approaches.

At PPCS, we are happy to work with you so that you can access services. We can offer a range of communication options depending on your preference including:

IT platforms: Zoom, Microsoft Teams, Google Meet as well as Telephone, Skype and WhatsApp

The majority of the work undertaken by PPCS is now online, although the capacity exists for face-to-face consultations as and when possible, within the restrictions imposed by COVID-19.

Welcome to PPCS

Psychiatric and Psychological Consultant Services (PPCS) is an independent clinic and a registered provider with the Care Quality Commission (CQC). We have over 30 years' professional experience providing assessment and treatment for adults, adolescents, children and the elderly suffering from a range of psychiatric and psychological difficulties.

Our range of clinicians includes consultant psychiatrists (specialists in general, adult, old age and child and adolescent psychiatry), clinical and counselling psychologists, neuropsychologists, specialist therapists and allied professionals.

All Psychiatrists are registered with the General Medical Council (GMC) and listed on the Specialist Register. All Psychologists are registered with the Health & Care Professions Council (HCPC) and chartered with the British Psychological Society (BPS). All Counsellors are registered with the BACP (British Association for Counselling and Psychotherapy) or UKCP.

General Enquiries

For further information or assistance please contact us:

PPCS
85 Great Portland Street
London W1W 7LT
T 020 7935 0640

reception@ppcsLtd.co.uk
www.ppcsLtd.co.uk

Referrals are accepted from a variety of sources, including General Practitioners, Physicians, Psychiatrists, Solicitors, Occupational Health and Human Resources departments, or by self-referral. Referrals may also be made directly to PPCS by Consultant Psychiatrists wishing to maintain ongoing responsibility for their patient(s), or alternatively, if required, to one of the Consultant Psychiatrists at PPCS via the Medical Director.



@ppcsLtd

Assessment & Treatment

At PPCS we undertake assessment and treatment of a wide range of issues and difficulties including:

Anxiety Disorders • Acquired Brain Injury • Child & Adolescent Emotional Behaviour Difficulties • Dementia Syndromes and Functional Disorders • Depression/Mood Disorders • Dissociative Disorders • Eating Disorders • Fertility • Forensic/Medicolegal (Expert Witness Testimony) • Neurodevelopmental Disorders • Perinatal Disorders • Personality Disorders • Psychotic Disorders • Relationship Difficulties • Sexual Disorders • Sleep-Wake Disorders • Substance Misuse/Addictions

Assessment Type

Computerised Psychological
Health Screening
Cognitive
Educational and Developmental
Fit for Purpose
Forensic
Independent Medical Examination
Intellectual
Medicolegal
Neuropsychological
Occupational
Pain Management
Personal Injury
Personality
Pre-Employment
Psychosexual
Psychological
Psychiatric
Second Opinion
Standard Psychometric Testing

Routine Treatment Approaches

Acceptance and Commitment Therapy
Anger Management
Coaching (Life Coaching)
Brief Psychodynamic Therapy
Cognitive Analytic Therapy (CAT)
Cognitive Behavioural Therapy (CBT)
(Individual & Group)

Compassion Focused Therapy
Confidence Building
Couples Therapy/Marital Therapy
Dialectical Behavioural Therapy (DBT)
Enhanced Thinking Skills (ETS)
Eye Movement Desensitisation and
Reprocessing (EMDR)
Existential Therapy
Family Therapy
Group Analysis
Humanistic (person-centered)
Hypnotherapy
Integrative Therapy
Interpersonal Therapy
Memory Rehabilitation
Mindfulness
Narrative Therapy
Pain Management
Person-Centered Therapy
Psychodynamic Approaches
Psychosexual Assessments
Psychotherapy: Art, Body Centered,
Individual, Integrative, Interpersonal
Group, Family Rational Emotive
Behavioural Therapy
Return to Work Programme
Risk Assessments
Schema Therapy
Solution Focused
Stress Management
Systemic Therapy

Our Specialists

Psychiatrists

Dr. Saad Al-Khalaf

Consultant Psychiatrist

Qualifications: FRCPsych, MBCHB, DPM, DipPsych

Expertise: Old Age Psychiatry • Acute General Psychiatry

Specialities: Psychiatry of Older Adults • Mood Disorder • Resistant Depression • Cognitive Impairment • Dementia

Past Appointments: Consultant Psychiatrist, Surrey & Border NHS Trust

Languages: Arabic • French

Dr Suzana Alexandra Corciova

Consultant Psychiatrist

Qualifications: MD, MRCPsych, Psychotherapist

Expertise: General Child and Adolescent Psychiatry • Psychotherapy

Specialities: General Child and Adolescent Psychiatry • ADHD

Past and Current Appointments: Consultant in Child and Adolescent Psychiatry

Languages: English, Italian and Romanian

Dr. David Foreman

Consultant Child and Family Psychiatrist

Qualifications: MB, ChB, MSc, FRCPsych, FRCPCH

Expertise: General Child and Adolescent Psychiatry, including Neuropsychiatry and Neurodisability Psychiatry of preschool children and infancy • Children of Parents Under Stress • Child and Adolescent Psychopharmacology • Complex Psychiatric Assessments • Preparation of Medicolegal Reports in Civil and Criminal Cases • Second Opinion Service • Telemedicine and Remote Medical Management

Specialities: Children with Multiple Comorbidities • Sequelae of Neurodisability, including Acquired Neurodisability • ADHD and Autism • Child Problems Arising in the Early Years • Impact of Divorce on Children • Impact of Parental Mental Health on Child Development

Past and Current Appointments: Visiting Professor, Royal Holloway University of London, Consultant in Child and Adolescent Psychiatry, Isle of Man Government, Co-opted Member, Royal College of Psychiatrists Faculty of Child and Adolescent Psychiatry & Faculty of Perinatal Psychiatry, Medical Member, Isle of Man Mental Health Review Tribunal and Social Care Review Tribunal.

Psychiatrists (continued)

Dr Daniel Kaitiff

Consultant Psychiatrist

Qualifications: MBCHB/MRCPsych 1st part Dip. FM

Expertise: Medico legal, General Adult Psychiatry • Older Adult Psychiatry

Specialities: Depression/Anxiety • Adult ADHD • Dementia and Cognitive Disorders • Schizophrenia • Bipolar • Gambling

Past Appointments: NHS Consultant Posts, Older Adult Psychiatry and Liaison Psychiatry End of life Care lead

Current NHS Post: General Adult Psychiatry Pennine FT

Previous Positions: Liaison Psychiatry (Pennine FT) and Older Adult Psychiatry (NEL FT)

Dr Mukesh Kripalani

Consultant Psychiatrist

Qualifications: MBBS, MD, FRCPsych, S12(2) AC

Expertise: Adult and Liaison Psychiatry

Specialities: Bipolar Affective Disorder • Anxiety • Depression • Adult ADD/ADHD • Psychosis • Personality Disorders • Women's Mental Health • Recovery and Rehabilitation Psychiatry

Past Appointments: Consultant Adult Psychiatrist C & I NHS Trust, BEH NHS Trust

Other Posts Held: Specialist advisor to the Care Quality Commission (CQC) since 2014

Regional Representative for the Royal College of Psychiatrists, General and Community Faculty, North East & Central London 2015-2019

Associate Editor of Current Psychopharmacology 2018

Member of British Association of Psychopharmacology 2019

Professor Anthony Maden

Consultant Forensic Psychiatrist

Qualifications: FRCPsych, MBBS, MD *Expertise:* Forensic Psychiatry

Specialities: PTSD • Medical Negligence • Employment Tribunals • Adult Consequences of Childhood Sexual Abuse • Personality Disorders

Current Appointments: Emeritus Professor of Forensic Psychiatry at Imperial College London. Jointly appointed expert to the Jersey Historic Abuse Redress Scheme

Psychiatrists (continued)

Dr Tolulope Olowe

Consultant Child and Adolescent Psychiatrist

Qualifications: MBBS, MRCPsych, DTMP&H, MScIH, LLM Mental Health Law, CMgr MCMl

Expertise: General Child and Adolescent Psychiatry, including Neuropsychiatry and Neurodisability Psychiatry • Child and Adolescent Psychopharmacology • Complex Psychiatric Assessments • Second Opinion Service • Telemedicine and Remote Medical Management

Specialities: Children with Intellectual disability and Multiple Comorbidities • ADHD and Autism

Dr. Maja Ranger

Consultant Psychiatrist

Qualifications: MD, MRCPsych

Expertise: General Adult Psychiatry • Rehabilitation Psychiatry

Specialities: Mood Disorders • Anxiety • OCD • Depression • Psychosis • Schizophrenia • Personality Disorder • Stress Reaction • PTSD

Current NHS Post: Consultant Psychiatrist CNWL NHS Foundation Trust

Languages: Serbo-Croat

Dr Nicholas Taylor

Consultant Psychiatrist

Qualifications: MB ChB FRCPsych LLM

Expertise: Civil and criminal expert witness commonly instructed in relation to PTSD, complex trauma, adjustment disorders, depressive and anxiety disorders, personality disorder and psychosis

Specialities: Psychiatry/Forensic Psychiatry

Current post: Full time expert witness practice

Languages: English

Psychiatrists (continued)

Dr. Gavin Tennent

Consultant Psychiatrist & Medical Director PPCS

Qualifications: MA, DPM, DM, MRCPsych, FRCPsych, Dip Criminal

Expertise: Forensic Psychiatry • General Psychiatry

Specialities: Depression • Anxiety • Medico-Legal • Personal Injury • Episodic
Dyscontrol • Neuropsychiatry

Dr. Padraig Wright

Consultant Psychiatrist

Qualifications: RPN, LRCP&SI, LM, MB, BAO, MRCPsych

Expertise: General Psychiatry • Neuropsychiatry • Employment Psychiatry

Specialities: Psychopharmacology • Medico-Legal (personal injury) •
Adult ADHD • Injury at Work • Employment Discrimination

Psychologists

Ms. Tamara Cilliers

Chartered Clinical Psychologist, BABCP Accredited Cognitive Behavioural Therapist and Director of Psychology PPCS

Qualifications/Registrations: British Psychological Society (BPS); Health and Care Professions Council (HCPC); British Association of Behavioural and Cognitive Psychotherapies (BABCP)

Expertise: Anxiety and mood disorders • Severe and enduring mental illness • interpersonal and relational difficulties • Self harm • Distress tolerance • Anger

Current NHS Post: Academic role as a Clinical Psychologist and Course Tutor within Central and North West London NHS Mental Health Trust (CNWL) CBT Training Programme. Ms. Cilliers is passionate about promoting, improving and training clinicians in evidence based psychological therapies

Past NHS Roles: Ms. Cilliers has worked clinically within the NHS for over 20 years, within secondary care psychology services and community mental health teams

Mr. Daniel Friedland

Chartered Psychologist, Clinical Psychologist & Consultant Neuropsychologist

Qualifications: MA C.Psychol BPS and HCPC Registered, Full Practitioner Member of the Division of Neuropsychology

Expertise: Neurorehabilitation • Cognitive Assessments

Specialities: Acquired Brain Injury • Traumatic Brain Injury • Neuropsychology • Hypoxic/ Anoxic Brain Injury • Infections • Strokes

Current NHS Post: Acquired Brain Injury Team, Hertfordshire

Dr Robert Halsey

Clinical Psychologist

Qualifications: BSc. DClinPsy. CPsychol.

Expertise: Clinical Psychology, Forensic Psychology, Neuropsychology

Specialities: Mental illness • Intellectual disability and adaptive functioning • Offending behaviour • Risk assessment • Trauma and personal injury including PTSD •

Neuropsychological assessment

Past & Current Appointments: Honorary lectureship at UCL, Psychologist member of the Parole Board for England & Wales, Consultant Psychologist Barnet Enfield & Haringey Mental Health Trust

Language: English

Psychologists (continued)

Mrs. Julie Henry

Chartered Psychologist, Counselling Psychologist

Qualifications: BSc (Hons), MSc, PGDip Psych, BPS Full Member Division of Counselling Psychology

Expertise: Integrative Relational Model • Working with Adults and Young Adults also Focusing on the Therapist-Client Relationship

Specialities: Relationship Difficulties • Personality Development • Social and Communicative Functioning • Depression • Stress • Anxiety • Self- Esteem and Confidence building • Work Related Issues • Bullying • Burn-out and the Perfectionist Model • Trauma and PTSD • Bereavement and Loss

Previous Appointments: NHS (Secondary Care), over 18 years of private and public sector work

Dr Gessica Marengo

Chartered Clinical, Health & Forensic Psychologist, Accredited Integrative Psychotherapist, Forensic and Clinical Criminologist

Qualifications: HCPC (Health and Care Professions Council), OPL (Lombardy Psychologist Council), SIC (Italian Society of Criminology)

Expertise: Clinical Psychology: Clinical & Forensic Assessment • Bio Psycho Social Model • Integrative

Psychology and Psychotherapy: CBT • Psychodynamic Psychotherapy • Compassion Focused Therapy • Mindfulness & Relaxation • Problem Solving & Decision making

Specialties: Mood Disorders • Psychosis, Borderline/Narcissistic & Antisocial Personality Disorders • Couple & Parental Difficulties • Relational Difficulties • Adult General Mental Health • Personality Assessment (Rorschach, MMPI-2) • Vulnerable Adults & Children Abuse/Violence • Sexual Harassment • Domestic Violence • Separation/Divorce • Fostering/Adoption • Work related Stress • Low Self-Esteem

Current Post: Private Clinical Practice with Adolescents, young Adults and Adults both in the UK and Italy

Past Post: Psychodynamic Psychology and Psychotherapy with Outpatients in NHS facility • Community Mental Health Team (Private Judicial Psychiatric Hospital) • Expert of the Court of Law of Milan (Civil and Criminal area)

Languages: English, Italian

Psychologists (continued)

Ms. Lisa Rajan

Clinical Psychologist

Qualifications: Cpsychol, Dip. CAT, Dip, CBTp.

Expertise: 20 years experience • Complex trauma • Perfectionism • Occupational stress

Specialities: Cognitive Analytical Therapy and Compassion Focused Therapy • Anxiety • Depression • Adjustment issues • Psychosis • Bi-polar

Past posts: Community and in-patient services

Current post: Clinical psychologist

Languages: English

Dr Desiree Saddik

Clinical Psychologist

Qualifications: Doctorate in Clinical Psychology, masters child psychology, masters clinical psychology, diploma of infant psychopathology and family relations (Paris)
Associate Fellow of the British Psychological Society

Expertise: 40 years of practice

Specialities: Infants • Children • Young people • Family • Couples • Trauma

Past Appointment: Consultant Lead Clinical Psychology Head of Psychology
CAMHS West London

Languages: French, English

Ms. Sandra Stamos

Chartered Psychologist, Counselling Psychologist

Qualifications: BSc (Psych), Post. Grad. Dip. (Couns), CPsychol. Chartered with the British Psychological Society (BPS) and registered with the Health and Care Professions Council (HCPC)

Expertise: Counselling psychology • Integrative psychology • Psychodynamic therapy • Forensic psychology and assessment • Cognitive and Intellectual Assessment • Personality Assessment. Rorschach Techniques • Autism diagnosis • CBT • Mindfulness and Relaxation

Specialties: Adult & Family Mental Health • Stress • Depression • Anxiety • Autism • Trauma • Bereavement • Anger • Psychosis • Relationship Difficulties • Parenting • Family work • Bipolar Affective Disorder • Harm reduction and substance use • Offending behaviour • OCD • Abuse • Eating Disorders • Fertility issues

Previous and Current Appointments: 22 years experience as a qualified Psychologist, 10 years working with child and family services and young offenders, 11 years as a Senior Psychologist in care and mental health industry

Languages: Greek

Psychologists (continued)

Dr. Barbara Stevens

Chartered Psychologist, Clinical Psychologist

Qualifications: BA (Hons), PhD, DipClin Psych, AFBPsS BPS and HCPC Registered

Expertise: Cognitive Behaviour Therapy for Depression • Anxiety • Obsessive Compulsive Disorders • Drug and Alcohol Dependency • Eating Disorders • Work Related Stress

Specialities: Psychological Treatment of Post-Traumatic Stress Disorder, including reactions to early trauma, accident and combat stress in military veterans

Other Expertise: Neuro-psychological evaluations of learning disabilities in adults and dementia including assessment of social functioning

Previous Appointments: NHS 1983-2002 Consultant Forensic and Clinical Psychologist, Runwell Hospital, Medium Secure Unit, Essex

Psychotherapists

Dr. Voytek Rogowski

Psychotherapist

Qualifications: Dip CPP Professional Psychotherapy UKPC, HCPC Registered

Expertise: Individual Transpersonal • Psychodynamic • CBT • Mentalization Therapy • Relationships • Trauma (EMDR).

Specialities: Post Traumatic Stress Disorder • Couples' Issues (Separation and Divorce) • Anxiety • Depression • Addictions (including pornography and drugs) • Sexual Abuse and Childhood Trauma • Domestic Violence • Mental Health and Learning Disability Issues • Bereavement and Loss

Languages: Polish

Dietician

Ms. Linia Patel

Registered Dietitian

Qualifications: MSc Nutrition, BSc (Hons) Nutrition & Dietetics, BSc Biochemistry & Physiology

Expertise: Weight Management • Digestive Health • Women's Health • Chronic Diseases of Lifestyle • Sports Nutrition • Vegetarian Diets • Children's Nutrition • Sport Specific Nutrition • Corporate Service Nutritionist • Nutrition Education

Specialities: Diabetes • Coronary Heart Disease • High Blood Pressure • PMS • Menopause • Polycystic Ovary Syndrome • Digestive Health • IBS • Food Intolerances • Corporate Wellness and Nutrition • Nutrition in Stress • Sports Nutrition (performance, underperformance, stress, burnout & injury)

Current NHS post: Specialist Primary Care Dietitian

Fees

The fee guide below gives hourly rates for individual assessment and treatment.

The fee is for up to one hour in the first instance, with follow-up appointments at pro rata rates:

Consultant Psychiatrist:
£350 - £550 per hour

Chartered Psychologist: (Clinical or Counselling)
£150 - £250 per hour

Accredited Counsellor:
£105 - £135 per hour

Medico-legal assessments are calculated on an individual basis, dependent upon the nature of the work involved at
£540 per hour

Independent Medical Examinations start at £900 but may cost up to £2500 dependent upon the circumstances of the case.

Private medical insurance policies vary widely. Some specify a particular professional background, others a maximum fee.

Please ensure that you check your own policy for cover.

We can advise you about this, but only your Insurer can confirm details.

Please remember that although we will make every effort to assist you, you will be personally responsible for your fees at PPCS Limited, unless special arrangements have been made in advance for a third party to take responsibility for them.

Hours

Monday to Friday

OPENING 09:00

CLOSING 21:00

Saturday

OPENING 09:00

CLOSING 17:00

Sunday

CLOSED



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