Psychiatric & Psychological Consultant Services

14 Devonshire Place
Welcome to PPCS

Psychiatric and Psychological Consultant Services (PPCS) is an independent clinic and a registered provider with the Care Quality Commission (CQC). We have over 30 year’s professional experience providing assessments and treatments for adults, adolescents, children and the elderly suffering from a range of psychiatric and psychological difficulties and issues.

Our range of clinicians includes consultant psychiatrists (both general and specialist), clinical and counselling psychologists, neuropsychologists, specialist therapists and allied professionals.

All of our specialists are registered and accredited with their appropriate professional bodies and this is monitored by PPCS’s Clinical Advisory Board (CAB). All Psychiatrists are registered with the General Medical Council (GMC) and listed on the Specialist Register. All Psychologists are registered with the Health & Care Professions Council (HCPC) and chartered with the British Psychological Society (BPS). All Counsellors are registered with the BACP (British Association for Counselling and Psychotherapy) or UKCP.

**General Enquiries**
For further information or assistance please contact us:

PPCS
14 Devonshire Place London W1G 6HX
T 020 7935 0640
F 020 7224 6256
info@ppcsLtd.co.uk
www.ppcsltd.co.uk

Referrals are accepted from a variety of sources, including General Practitioners, Physicians, Psychiatrists, Solicitors, Occupational Health and Human Resources departments, or by self-referral. Referrals may also be made directly to PPCS by Consultant Psychiatrists wishing to maintain ongoing responsibility for their patient(s), or alternatively, if required, to one of the Consultant Psychiatrists at 14 Devonshire Place via the Medical Director.
**Assessment and Treatment**

At PPCS we undertake assessment and treatment of a wide range of issues and difficulties including:

Anxiety Disorders • Acquired Brain Injury • Dementia Syndromes and Functional Disorders • Depression/Mood Disorders • Dissociative Disorders • Eating Disorders • Fertility • Forensic/Medicolegal (Expert Witness Testimony) • Neurodevelopmental Disorders • Personality Disorders • Psychotic Disorders • Relationship Difficulties • Sexual Disorders • Sleep-Wake Disorders • Substance Misuse/Addictions.

**Assessment Type**
- Computerised Psychological Health Screening
- Cognitive
- Educational and Developmental
- Fit for Purpose
- Forensic
- Independent Medical Examination
- Intellectual
- Medicolegal
- Neuropsychological
- Occupational
- Pain Management
- Personal Injury
- Personality
- Pre-Employment
- Psychosexual
- Psychological
- Psychiatric
- Second Opinion
- Standard Psychometric Testing

**Routine Treatment Approaches**
- Acceptance and Commitment Therapy
- Anger Management
- Coaching (Life Coaching)
- Brief Psychodynamic Therapy
- Cognitive Analytic Therapy (CAT)
- Cognitive Behavioural Therapy (CBT) (Individual & Group)
- Compassion Focused Therapy
- Confidence Building
- Couples Therapy
- Dialectical Behavioural Therapy (DBT)
- Enhanced Thinking Skills (ETS)
- Eye Movement Desentisation and Reprocessing (EMDR)
- Existential Therapy
- Family Therapy
- Group Analysis
- Humanistic (person-centered)
- Hypnotherapy
- Integrative Therapy
- Interpersonal Therapy
- Marital Therapy
- Memory Rehabilitation
- Mindfulness Approach
- Narrative Therapy
- Pain Management
- Person-Centered Therapy
- Psychodynamic Approaches
- Psychosexual Assessments
- Psychotherapy: Art, Body Centered, Individual, Integrative, Interpersonal Group, Family
- Rational Emotive Behavioural Therapy
- Return to Work Programme
- Risk Assessments
- Rorschach Techniques
- Schema Therapy
- Solution Focused
- Stress Management
- Systemic Therapy
Assessment and treatment

Anxiety disorders
Agoraphobia • Generalised Anxiety Disorder • Health Anxiety • Hoarding Disorder • Obsessive Compulsive Disorder (OCD) • Panic Disorder • Performance Anxiety • Phobias • Post Traumatic Stress Disorder (PTSD) • Social Anxiety Disorder • Stress at Work • Substance Induced Anxiety Disorder
Psychiatrists no.: 6, 7, 8, 10, 13, 15, 16, 17, 18
Psychologists no.: 23, 24, 26, 28, 30, 32, 33, 36, 37, 39, 40, 41, 42, 43, 44, 45, 47
Cognitive Behavioural & Existential Therapist no.: 46

Acquired Brain Injury
Amnesia • Anoxic Brain Injury • Brain Tumours • Cerebrovascular Accident (CVA – Stroke) • Heart Attack • Hypoxic Brain Injury • Infections • Traumatic Brain Injury
Psychiatrists no.: 17, 19
Psychologists no.: 24, 26, 27, 39

Child and Adolescent emotional, behavioural difficulties
Child and Adolescent Psychiatry
Psychiatrists no.: 11, 14
Psychologists no.: 40

Dementia Syndromes and Functional Disorders
Old Age Psychiatry
Psychiatrists no.: 2, 20
Psychologists no.: 31, 32, 43

Depression / Mood Disorders
Adjustment Issues • Affective Disorders • Bereavement and Loss • Bipolar • Burn-out • Chronic Depression • Depression • Loss of Meaning • Substance Induced Depression • Suicide • Terminal Illnesses • Work Related Depression.
Psychiatrists no.: 2, 5, 6, 7, 10, 13, 15, 16, 17
Psychologists no.: 28, 30, 35, 36, 37, 38, 39, 40, 42, 43, 44, 45, 47
Cognitive Behavioural & Existential Therapist no.: 46

Dissociative Disorders
Depersonalization • Derealisation • Dissociative Amnesia / Dissociative Identity Disorder • Dissociative Symptoms in Anxiety Disorders • Mood Disorders • Neurodevelopmental Disorders • Substance Misuse
Psychiatrists no.: 6, 7, 10, 15, 16, 17, 18
Psychologists no.: 25, 29, 32, 33, 36, 37, 44, 45

Eating Disorders
Anorexia Nervosa • Binge Eating • Body Dysmorphic Disorder • Bulimia Nervosa • Digestive Health • Eating Disorders Not Otherwise Specified • Mindless Eating • Nutrition Education • Obesity • Weight Management
Psychiatrists no.: 6, 10
Psychologists no.: 27, 30, 33, 39
Dietitian no.: 48

Fertility
Stress and Anxiety going through IVF • Bereavement and Loss • Sexual Difficulties • Coming to terms with Infertility and Childlessness • Donor Assisted Conception and implications • Attachment issues in the couple/with baby
Psychiatrists no.: 13
Psychologists no.: 23, 40

Forensic/Medicolegal (Expert Witness Testimony)
Forensic & Medicolegal Assessments
Psychiatrists no.: 1, 4, 6, 9, 10, 11, 14, 15, 16, 17, 18, 19, 20
Neurodevelopmental Disorders
Alzheimer’s • Amnesia • Attention Deficit Disorders (ADD) • Attention Deficit Hyperactivity Disorder (ADHD) • Autism Spectrum Disorders • Dementia • Down’s Syndrome (Genetic Disorder) • Epilepsy • Intellectual Developmental Disorder • Learning Disabilities/Difficulties: Dyscalculia, Dyslexia, Speech Issues • Motor Disorders • Motor Neurone Disease • Multiple Sclerosis • Parkinson’s Disease
Psychiatrists no.: 2, 10, 11, 14, 18, 19, 20
Psychologists no.: 31, 32, 43, 45

Personality Disorders
Antisocial Personality • Avoidant Personality • Borderline Personality • Dependent Personality • Histrionic Personality • Narcissistic Personality • Neuroticism • Obsessive Compulsive Personality • Paranoid Personality • Schizoid Personality • Schizotypal Personality
Psychiatrists no.: 7, 15, 26, 27, 30, 33, 35, 36, 39, 40, 44

Perinatal Disorders (mental health problems in pregnant and postnatal women)
Depression, Anxiety, OCD and Psychosis in pregnant and postnatal women; pre-conception advice for women with mental health problems who are planning pregnancy.
Psychiatrists no.: 8, 13, 16
Psychologists no.: 27, 33, 38, 40

Psychotic Disorders
Delusion Disorder • Hallucinations • Schizophrenia • Schizotypal Personality Disorder.
Psychiatrists no.: 4, 7, 18
Psychologists no.: 36, 38, 39, 40

Relationships
Bullying • Couples Issues • Divorce • Family Relationships • Parental Mental Health
Psychiatrists no.: 10, 11, 16
Psychologists no.: 30, 37, 38, 39, 41, 43, 47

Sexual Disorders
Delayed Ejaculation • Early Ejaculation • Erectile Dysfunction • Female Orgasmic Disorder • Hypoactive Sexual Desire • Loss of Interest in Sex • Paraphilia • Sexual Addiction • Sexual Compulsivity
Psychiatrists no.: 4, 6
Psychologists no.: 23, 37, 41, 47

Sleep-Wake Disorders
Chronic Fatigue • General Sleep Issues • Insomnia • Narcolepsy • Night Terrors • Sleep Apnea – Breathing-related Sleep Disorders
Psychiatrists no.: 6, 16
Psychologists no.: 47
Cognitive Behavioural & Existential Therapist no.: 46

Substance Misuse / Addictions
Addictions • Alcohol Dependence • Caffeine • Cannabis • Cocaine • Drug Addiction • Gambling Addiction • Hallucinogen • Internet Addiction • Inhalant • Nicotine • Shopping Addiction
Psychiatrists no.: 1, 16, 17, 18, 19
Psychologists no.: 27, 37
Dietitian no.: 48

The above listing and content within the following categories is not exhaustive, please call PPCS should you be unsure of who to refer to and we will be happy to assist.
**Our Specialists**

**Psychiatrists** *(Psychologists page 8)*

**Professor Mohammed Abou-Saleh** ¹
*Professor of Psychiatry*
*Qualifications: M Phil; PhD, FRCPsych*
*Expertise: General Adult Psychiatry*
*Current and previous appointments: Consultant Psychiatrist and Senior Lecturer in Psychiatry at University of Liverpool from 1986 till 1991 and appointed Foundation Professor of Psychiatry at the Faculty of Medicine, United Arab Emirates University. Returned to UK to take the appointment of Reader in Addiction Psychiatry at St George’s, University of London and Honorary Consultant in Addiction Psychiatry South West London and St George’s Mental Health NHS Trust from 1998. Promoted to Professor of Psychiatry at St George’s, University of London in 2005. Appointed Chief Executive Officer of Naufar, Qatar Addiction Treatment and Rehabilitation Centre from 2011 till 2013 and returned to UK to continue in posts of Professor of Psychiatry at St George’s, University of London and Honorary Consultant in Addiction Psychiatry at South West London and St George’s Mental Health NHS Trust. Specialities: Professor Abou-Saleh has worked for the General Medical Council (GMC) on fitness to practice issues. More recently, Consultant Psychiatrist for the Helen Bamber Foundation in London for assessment of refugees and asylum seekers, victims of torture and violence in conflict countries.*

**Dr. Saad Al-Khalaf** ²  *Consultant Psychiatrist*
*Qualifications: FRCPsych, MBCHB, DPM, DipPsych*
*Expertise: Old Age Psychiatry • Acute General Psychiatry*
*Specialities: Psychiatry of Older Adults • Mood Disorder • Resistant Depression • Cognitive Impairment • Dementia*
*Past Appointments: Consultant Psychiatrist, Surrey & Border NHS Trust*
*Languages: Arabic • French*

**Dr. Vivek Bisht** ⁴  *Consultant Forensic Psychiatrist*
*Qualifications: MBBS, MRCPsych, MSc, PGDip FMH, Bond Solon Trained*
*Expertise: Consultant Forensic Psychiatry*
*Specialities: Personality Disorders • Trauma • Abuse • Affective Disorders • Schizophrenia • Substance-Misuse • Sexual Offending • Medico-Legal*
*Current NHS Post: Forensic Training Programme Director, Brockfield House, SEPT NHS*
*Languages: Hindi • Urdu*

**Dr. Teresa Borrell** ⁵  *Consultant Psychiatrist*
*Qualifications: LMS MRCPsych*
*Expertise: General Adult Psychiatry*
*Specialities: Serious & enduring mental health problems – severe depression, schizophrenia, bipolar illnesses & PTSD*
*Current post: NELFT, Consultant in General Adult Psychiatry since 2000*

**Dr. Michael Bourke** ⁶  *Consultant Psychiatrist*
*Qualifications: FRCPsych (UK), FRCP (Canada), FCPSych (Ireland)*
*Expertise: Liaison Psychiatry • General Psychiatry*
*Specialities: Anxiety • Depression • Eating Disorders • Somatoform Disorders • OCD • Psychosomatic Disorders • Medico-Legal • Personal Injury • Trauma*
*Previous Appointments: Consultant Psychiatrist, Blackrock Clinic and Adelaide Teaching Hospital & Medical Director Kylemore Clinic, Dublin, Ireland.*
**Dr. Paul Foster**  
**Consultant Psychiatrist**  
*Qualifications:* MRCPsych, CCST Psychiatry, MB BS  
*Expertise:* General Adult Psychiatry  
*Specialities:* General Mental Health Issues  
• Enduring Mental Illness  
• Psychotherapy  
• Psychosis  
*Current NHS Post:* Consultant Psychiatrist, Edgware Community, BEH Mental Health NHS Trust

**Dr. Jona Lewin**  
**Consultant Psychiatrist**  
*Qualifications:* MD Munich, MPhil London, FRCPsych  
*Expertise:* General Adult Psychiatry  
*Specialities:* Mood Disorders  
• Anxiety Disorders  
• PTSD  
• OCD  
• Perinatal Psychiatry  
*Current NHS Post:* Consultant Psychiatrist, CNWL Foundation Trust, Brent Assessment and Brief Treatment Team and Coombe Wood Perinatal Service  
*Languages:* German

**Professor Anthony Maden**  
**Consultant Forensic Psychiatrist**  
*Qualifications:* FRCPsych, MBBS, MD  
*Expertise:* Forensic Psychiatry  
*Specialities:* PTSD • Medical Negligence  
• Employment Tribunals  
• Adult Consequences of Childhood Sexual Abuse  
• Personality Disorders  
*Current Appointments:* Emeritus Professor of Forensic Psychiatry at Imperial College London  
• Jointly appointed expert to the Jersey Historic Abuse Redress Scheme

**Dr. Stefanos Maltezos**  
**Deputy Medical Director and Consultant Psychiatrist**  
*Qualifications:* MBBS, MSc  
*Expertise:* General Adult Psychiatry  
*Specialities:* ADHD • Autism Spectrum Disorders  
• Anxiety Disorders • Mood Disorders / Depression • Medico-Legal  
*Current NHS Post:* Consultant Psychiatrist at the Adult Autism Spectrum Disorder/ADHD Service at the Maudsley Hospital, South London and Maudsley NHS Foundation Trust.  
*Languages:* Greek

**Dr. Jason Maratos**  
**Medical Director PPCS, Consultant Child & Adolescent Psychiatrist**  
*Qualifications:* DPM, MPhil, MInstGA, FRCPsych  
*Expertise:* Child & Adolescent Psychiatry  
• Psychotherapy • Family Therapy  
*Specialities:* Emotional & Behavioural Difficulties of Children and Adolescents • Attention Deficit (Hyperactivity) Disorders • Psychosomatic Disorders  
• Group Analysis • Medico-Legal • Trauma  
*Previous Appointments:* NHS Consultant since 1980  
*Languages:* Greek

**Dr. Charles Musters**  
**Consultant Perinatal and General Adult Psychiatrist**  
*Qualifications:* BSc, MB BS, MRCPsych, MSc  
*Expertise:* Perinatal Psychiatry (mental health problems in pregnant and postnatal women)  
• General Adult Psychiatry  
*Specialities:* Depression • Anxiety • OCD and Psychosis in pregnant and postnatal women  
• Pre-conception advice for women with mental health problems who are planning pregnancy  
• Full range of General Adult mental health problems in male and female patients.  
*Current NHS post:* Consultant Psychiatrist, Perinatal Mental Health Team, Newham.
Dr. Eleni Paliokosta 14  Consultant Child & Adolescent Psychiatrist  Qualifications: MD, PhD  
Expertise: Consultant Child and Adolescent Psychiatrist.  
Specialities: Child and Adolescent Mental Health  
• Autism Spectrum Disorders  
• ADHD and other developmental disorders and Learning disabilities.  
Current NHS Post: Consultant Child & Adolescent Psychiatrist, Camden MOSIAC CAMHS  
Languages: Greek

Dr. Maria Papanastassiou 15  Consultant Psychiatrist  Qualifications: MD, MRCPsych, MSc, Dip Psychoanalytic Psychotherapy  
Expertise: General Adult Psychiatry  
Specialities: PTSD  
• Personality Disorders  
• Group Analysis  
• Psychotherapy  
• Psychotherapy  
• Medico-Legal  
Anxiety  
• Depression  
• Schizophrenia  
Current NHS Post: Adult Psychiatrist at NHS NELFT, awarded 6 clinical excellence awards.  
Languages: Greek

Dr. Maja Ranger 16  Consultant Psychiatrist  Qualifications: MD, MRCPsych  
Expertise: General Adult Psychiatry  
• Rehabilitation Psychiatry  
Specialities: Mood Disorders  
• Anxiety  
• OCD  
• Depression  
• Psychosis  
• Schizophrenia  
• Personality Disorder  
• Stress Reaction  
• PTSD  
• Perinatal Psychiatry  
Current NHS Post: Consultant Psychiatrist CNWL NHS Foundation Trust  
Languages: Serbo-Croat

Dr. Gavin Tennent 17  Consultant Psychiatrist  Qualifications: MA, DPM, DM, MRCPsych, FRCPsych, Dip Criminal  
Expertise: Forensic Psychiatry  
• General Psychiatry  
Specialities: Depression  
• Anxiety  
• Medico-Legal  
• Personal Injury  
• Episodic Dyscontrol

Dr. Jan Wise 18  Consultant Psychiatrist  Qualifications: MB, BS, MSc, FRCPsych  
Expertise: General Adult Psychiatry  
• Liaison Psychiatry  
• Medico-Legal  
• Fitness to Parent  
• Disability  
• Mood Disorders  
• Anxiety  
• PTSD  
• Personal Injury  
• Psychosis  
• Schizophrenia  
• Substance Misuse  
Current Appointments: Consultant Psychiatrist, NHS 2002-Present  
• Lecturer at EPA and APA annual conferences  
• Over 70 publications

Dr. Padraig Wright 19  Consultant Psychiatrist  Qualifications: RPN, LRCP&SI, LM, MB, BAO, MRCPsych  
Expertise: General Psychiatry  
• Neuropsychiatry  
• Employment Psychiatry  
Specialities: Psychopharmacology  
• Medico-Legal (personal injury)  
• Adult ADHD  
• Injury at Work  
• Employment Discrimination

Professor Graeme Yorston 20  Consultant Forensic Psychiatrist  Qualifications: BSc, MB BS, MSc, MRCPsych, MEWI  
Expertise: Medicolegal: murder, sexual offences, older offenders, fitness to plead, personal injury, automatism, dementia, depression, testamentary capacity  
Specialities: Old Age Psychiatry  
• Neuropsychiatry  
• Forensic Psychiatry  
Current Post: Consultant Forensic Neuropsychiatric, St Matthews Healthcare, Dallingtons Hospital, Northampton
ASSOCIATE CONSULTANTS

**Dr. Jonathan Stewart**  
**Pain Consultant**  
Qualifications: MBChB, DA, DPM, FRCA, FFPM  
Expertise: Pain Medicine • Neuropathic Pain  
• Back Pain  
Specialities: Chronic pain; Neuropathic, inflammatory, somatic, dysfunctional and musculoskeletal pain • Bipolar Illness  
• Schizophrenia • Depression • Back Pain  
• Fibromyalgia • Repetitive Strain Injury  
Current NHS Post: Consultant Pain Management, Charing Cross Hospital, London with the Imperial College Healthcare NHS Trust

**Psychologists**

**Mr. Anthony Bedford**  
Chairman, PPCS ltd., Chartered Psychologist  
Qualifications: MA, MPhil, AFBPsS  
Expertise: Psychology • Clinical Management  
Specialities: Assessments for Treatment • Medico-Legal Assessment

**Mrs. Julianne Boutaleb**  
Chartered Consultant Counselling Psychologist  
Qualifications: BA, BSc, H. Dip. Ed., MA, MSc (Psychol), CPsychol, AFBPsS. Registered with BPS, HCPC and BPC  
Expertise: Dynamic Interpersonal Therapy (DIT)* • Attachment Based Individual and Couples Therapy (EFT) • Brief and Longer-term Psychodynamic Psychotherapy • Trauma-focussed Therapy • Object Relations.  
Specialities: Perinatal Mental Health and Parenting Issues • Infertility and Coping with IVF • Sexual Difficulties • Sexual Addictions and Sexual Identity Issues • Working with Survivors of Child Sexual Abuse (CSA) • Depression, Anxiety and Trauma • Mood Disorders • Work-related Issues and Stress • Long-term Health Conditions and Terminal Illness • Working with Transitions and Traumatic Life Events  

*brief psychodynamic psychotherapy recently developed by the Tavistock Clinic and endorsed by NICE guidelines
Dr. Jasmine Chin  
Clinical Psychologist  
Qualifications: BSc, D. Psych, PG Systemic Psychotherapy  
Expertise: Adult & Family Mental Health • Stress • Depression • Anxiety • Work Conflict • Trauma • Bereavement • Anger • Psychosis • Relationship Difficulties • Parenting • Family work  
Specialities: Narrative Therapy • Mindfulness • CBT • Systemic Psychotherapy  
Current NHS Post: Clinical Psychologist – Adult Mental Health and Child & Adolescent Mental Health, Tavistock & Portman NHS Trust and Camden & Islington NHS Trust

Dr. Paul Curran  
Chartered Consultant Educational Psychologist  
Qualifications: BA, Med, PsyD, CPsychol, CSci, AFBCPS  
Expertise: Psychological Assessment for Children, Adolescents & Adults  
Specialities: Assessment of gifted, talented, high potential and exceptional students, graduates and professionals • Psychological Coaching  
Previous Appointments: Senior Educational Psychologist, Essex County Council Education Psychology Service • Postgraduate Academic & Professional Tutor in Education and Child Psychology • Principal Lecturer, Dept. of Psychology, UEL • Independent Practice

Dr. Alessandra De Acutis  
Chartered Psychologist  
Qualifications: BSc, Dr Psychotherapeutic & Counselling Psychology, HCPC, BPS, Certified Business/Life Coach.  
Expertise: Severe and Enduring Mental Health problems (inpatients + outpatients), Trauma, Psychosis, Bipolar Affective Disorder, Depression, Anxiety, Addictions, Stress Management, Individual and Group treatment for Borderline Personality Disorders, Family Work.  
Specialities: Anxiety, Depression, Psychosis, Severe Mental Health difficulties including Psychosis; work-related stress, life coaching, business coaching, team coaching, the role of spirituality, religion and personal philosophy in therapy, wellbeing and recovery from mental health problems  
Previous posts: GP practice (NHS) Eating Disorders Charity (BEAT), Psychodynamic Psychotherapy Outpatients Clinic (NHS); Inpatient Acute Mental Health Ward (NHS); Community Mental Health Team (NHS).

Ms. Fiona Dunn-Lowes  
Chartered Consultant Clinical Psychologist  
Qualifications: BA (Hons) Psychology, MSc Clinical Psychology, Advanced Schema Therapy Practitioner, EMDR Trained, BACP  
Expertise: General Adult Mental Health • Addictions / Substance Misuse • Psychology in the Creative Industry • Stress • Relationship difficulties • Trauma  
Specialities: PTSD • Eating Disorders • OCD • Anger Management • Mood Disorders • Anxiety Disorders  
Previous Appointments: Consultant Clinical Psychologist, Compass, Harrow Drug and Alcohol Service. Psychological Therapies, Oxford Health NHS Foundation Trust • Specialist Community Drug and Alcohol Service, South Bucks NHS Trust • Community Alcohol Service, West Middlesex University Hospital NHS Trust • Regional Drug Dependency Unit, SW London & St Georges Mental Health NHS Trust
**Dr. Valentina Fernandez** 28  
*Highly Specialist Clinical Psychologist | Cognitive Behavioural Therapist*

*Qualifications:* Clinical Psychologist (BPS), Accredited Cognitive Behavioural Therapist (trained at the Behavioural Unit, Prof. Victor Meyer)  
*Expertise:* Clinical Psychology • Cognitive Behavioural Therapy  
*Specialties:* Generalised Anxiety Disorder • Panic Disorder • Phobias • Depression • Anger Management • Health Anxiety • OCD • PTSD • Trauma • Bereavement • Stress Issues • Psychology in the Creative/Art Industries • Medico-Legal

*Current NHS Post:* Highly Specialist Clinical Psychologist working p/t for NHS.  
*Languages:* Serbo-Croat

**Mr. Daniel Friedland** 29  
*Consultant Clinical Neuropsychologist*  
*Qualifications:* MA  
*Expertise:* Neurorehabilitation • Cognitive Assessments  
*Specialties:* Acquired Brain Injury • Traumatic Brain Injury • Neuropsychology • Hypoxic/Anoxic Brain Injury • Infections • Strokes  
*Current NHS Post:* Acquired Brain Injury Team, Hertfordshire

**Mrs. Julie Henry** 30  
*Chartered Psychologist*  
*Qualifications:* BSc (Hons), MSc, PGDip Psych, BPS  
*Full Member Division of Couns Psych*  
*Expertise:* Integrative Relational Model • Working with Adults and Young Adults also Focusing on the Therapist-Client Relationship.  
*Specialties:* Relationship Difficulties • Personality Development • Social and Communicative Functioning • Depression • Stress • Anxiety • Self-Esteem and Confidence building • Work Related Issues • Bullying • Burn-out and the Perfectionist Model • Trauma and PTSD • Bereavement and Loss  
*Previous Appointments:* NHS (Secondary Care), over 18 years of private and public sector work

**Professor Narinder Kapur** 31  
*Consultant Clinical Neuropsychologist*  
*Qualifications:* BA, PhD, Dip Clin Psych, FBPsS  
*Expertise:* Neuropsychology • Memory Disorders • Neuropsychological Assessments • Memory Rehabilitation  
*Specialties:* Amnesia • Dementia • Epilepsy • Acquired Brain Injuries • Medico-Legal Reporting  
*Current Posts:* Visiting Professor of Neuropsychology, UCL, Head of Neuropsychology Service at Imperial College Healthcare NHS Trust.

**Dr. Stephen Kemp** 32  
*Consultant Clinical Neuropsychologist*  
*Qualifications:* BSc, D Clin Psychol, PG Diploma  
*Expertise:* Acquired Brain Injury • Neurological Disease • Neuropsychological Assessment  
*Specialties:* Epilepsy • Neuropsychological Rehabilitation • Dementia • Medically Unexplained Symptoms (MUS) • PTSD • Anxiety • Depression • Coping Difficulties • Medico-Legal Reporting  
*Current Posts:* Consultant Clinical Neuropsychologist at St James’s University Hospital, Leeds.
Dr. Sharon Leicht 33  
Consultant Clinical & Forensic Psychologist  
Qualifications: BA (Hons) Psych, MApplPsych, MSc, DipCIHypn, DCIPsych  
Expertise: Clinical Psychology • Forensic Psychology • Clinical Hypnotherapy  
Specialities: Abuse • PTSD • Psychosis • Personality Disorders • Depression • Anxiety • OCD • Phobias • Grief and Loss • Mindfulness • Cognitive & Intellectual Assessments • Personality Assessments • Stress Management • Forensic Assessments • Psychosexual Assessments • Eclectic Approach • CBT • DBT • Rorschach Techniques • EMDR • Schema-Focused  
Previous Appointments: 26 years experience as a qualified Psychologist, 15 years as a Consultant Psychologist. Experience as a Military Psychologist.

Dr. Rebecca Lowe 35  
Chartered Psychologist  
Qualifications: CPsychol, BA, DipPsych, CertArt, DCounsPsy, HPCP, MBABCP  
Expertise: Dr Lowe is a Specialist Psychologist in the National Health Service and the Private Health Sector, with a specific focus on acute anxiety and stress management, depression and trauma presentations and both general and complex mental health care.  
Specialities: Dr Lowe also has a background in creative arts and is trained to integrate art into psychological therapy and general and complex mental health care.

Dr. Guy Moss 36  
Chartered Clinical Psychologist  
Qualifications: BSc, MClInPsych, DPsysch  
Expertise: Clinical Psychology • Specialities: Anxiety Disorders • Mood Disorders • Anger Management • Addiction • Relationship Difficulties • Stress Related Issues • Personality Disorders • Psychotic Illness • Schizophrenia  
Current NHS Post: Clinical Psychologist working within at an out-patient and in-patient service at Camden and Islington Mental Health NHS Trust.

Dr. Soren Petter 37  
Consultant Practitioner Psychologist and Psychotherapist  
Qualifications: BSc (Hons), MA, PostMADip, PgDipExPsych, DrPsyCh, AFBPsS, UCKP, HCPC  
Expertise: Severe and enduring mental health problems • Sexual Compulsivity • Addiction • Relationship Difficulties • Bereavement • Trauma • Anxiety • Stress • Crisis • OCD • Depression • Mood Disorders • Conflict at Work • Loss of Meaning • Organisational and systems advice & analysis  
Specialities: CBT • Analytical • Solution-focused • Coaching • Stress Management • Couples • Systems  
Current Appointments: Senior University Lecturer and trainer in applied psychology, academic and clinical supervisor and examiner.  
Previous Appointments: NHS Specialist Psychologist in Psychiatric Intensive Care  
Languages: German
Dr. Che Louise Rosenbert  
Chartered Psychologist  
Qualifications: DClinPsych, MA; BSc  
Expertise: Clinical Psychologist, Organisational Consultant, Division of Clinical Psychology  
Psychosis & Complex Mental Health Faculty Chair. Therapist, Supervisor, Trainer.  
Specialities: Adult Mental Health: Anxiety including OCD, Depression, Bereavement, PTSD & Trauma  
Psychosis including Voices, Hallucinations and Paranoia  
Bipolar Disorder, Relational Difficulties with Self and Others  
Deliberate Self-harm  
Staying Well  
Individual, Couple, Family and Group Work  
CBT and Integrative Psychotherapies and Family Interventions  
Facilitating Healthy Organisations using Systems Psychodynamics and Reflective Practice.  
Current NHS Post: Adult Mental Health & Homelessness, East London NHS Foundation Trust

Dr. Naomi Scott  
Consultant Clinical Psychologist Cognitive Behavioural Therapist  
Qualifications: DClinPsych, CPsychol, BABCP Accredited  
Expertise: Psychological Assessment & Therapy (individual and group)  
CBT • Mindfulness & Acceptance  
Specialities: Depression • Anxiety Disorders  
Borderline Personality Disorder • Psychosis  
Bipolar Disorder  
Current NHS Post: Joint Head of Adult Mental Health Psychology, City & Hackney, East London Foundation Trust

Dr. Fiona Seth-Smith  
Chartered Clinical Psychologist  
Qualifications: BSc (Hons), BA (Hons), PClinPsych, BPS’s Faculty for Perinatal Psychology, Faculty for Children & Families, Faculty for Psychology & Complex Mental Health  
Expertise: Children & Families • Perinatal Psychology • Adult Psychotherapy • Art Psychotherapy • General Adult Mental Health  
Family Therapy • CBT • Severe Mental Illness  
Specialities: Children & Families • Perinatal Mental Health • Infant Parent Psychotherapy  
Anxiety • Depression • Personality Disorders  
Family Therapy • Psychosis  
Current NHS Post: Clinical Psychologist at CNWL NHS Foundation Trust

Mr. Andrew Smith  
Chartered Counselling Psychologist  
Qualifications: BSc (Hons), MSc PG Dip Psych Couns PGDip H.E., AFBPsS  
Expertise: Mental Health Issues • Managed Return to Work Programmes  
Specialities: OCD • Sexual Dysfunction  
HIV/AIDS • Anxiety • PTSD • Psychosis • Individual Therapy • Adolescent Mental Health  
Bereavement • Depression • Relationship Issues  
CBT • Existential

Ms. Emma Southgate  
Chartered Counselling Psychologist, Cognitive-Behavioural Psychotherapist  
Qualifications: BSc, MSc Clinical and Public Health Aspects of Addiction, MSc Counselling Psychology, Post-MSc Counselling Psychology, Post Graduate Dip in Advanced Practice in Cognitive Behavioural Therapy  
Expertise: Mental Health Issues  
Specialities: Anxiety Disorders • Depression  
PTSD • Work-related Stress • Phobias
Dr. Barbara Stevens

Chartered Clinical Psychologist
Qualifications: BA (Hons), Ph.D, DipClin Psych, AFBPsS
Expertise: Neuropsychological Assessment of learning disabilities and dementia
Specialities: Anxiety Disorders • Depression
• Prevention of Suicide • OCD Post Traumatic Neurosis • Cognitive Assessments • Learning disability • Dyslexia • Presenile & Senile Dementia • Traumatic brain injury • CBT for anxiety disorders

Ms. Kasia Szymanska

Chartered Psychologist, Cognitive Behavioural Psychotherapist
Qualifications: BSc (Hons), Dip Couns, MSc, AFBPsS, BABCP Accredited EMDR trained, ISCP Accred.
Expertise: Cognitive Behaviour Therapy (CBT)
• Rational Emotive Behaviour Therapy (REBT)
• EMDR • Cognitive Behavioural Coaching (CBC)
Specialities: Stress Management • Anxiety Disorders • OCD • Depression • PTSD • Personality Disorders • Burn-Out • Body Dysmorphic Disorder • Psychological Coaching
Previous Appointments: Psychologist working for NHS • Lecturer on the Doctorate in Counselling Psychology, University of East London.

Dr. Louis André van Graan

Consultant Clinical Neuropsychologist
Qualifications: BA, BA (Hons), MA (Clin Psych), MSc (Neuroscience), D.Phil, MSc (Advanced Neuroimaging)
Expertise: Neuropsychological Assessment and Rehabilitation • Psychological Therapy
Specialities: Pain Psychology • PTSD • Human Factors and Performance • Brain Injury • Epilepsy • Anxiety Disorders • Depression
Previous Appointments: Consultant Neuropsychologist, Priory Healthcare • Consultant Neuropsychologist, Brain Injury Rehabilitation Trust • Clinical Psychologist, Institute of Psychiatry & Maudsley Hospital, London

Damian White

Cognitive Behavioural & Existential Psychotherapist
Qualifications: MSc Cognitive Psychotherapy, MSW, Advanced Dip Existential Psychotherapy, PG Dip Counselling, BABCP and UKCP reg.
Expertise: Cognitive and Existential Psychotherapy • Range of Mental Health Issues
Specialities: Depression • Anxiety Disorders • PTSD • Substance Misuse • Trauma • Stress • Relationship Issues • Bereavement • Loss of Meaning • Workplace Issues
Current Appointments: Senior University Tutor for NHS IAPT Programmes • Lecturer in Existential and Cognitive Behavioural Therapy Practice
Dr. Mark Winwood
Consultant Counselling Psychologist
Qualifications: D. Psych, MSc, BA (Hons), CPsychol, CSci, AFBPsS
Expertise: Counselling Psychology
• Psychological Assessment • CBT • Systemic Family Therapy
Specialities: Workplace Stress • HIV & Sexual Health
• Health Anxiety • Anxiety Disorders • Depression
• Relationship Issues • PTSD • Insomnia
Current Appointments: Consultant Clinical Director, AXA PPP healthcare & AXA ICAS International
Previous Appointment: Clinical Director for Psychological Health, AXA PPP healthcare
• Senior Counselling Psychologist, Royal Free Hospital NHS Trust • Research Psychologist, St Mary's Hospital, Paddington.

ASSOCIATES (DIETITIAN)

Ms. Linia Patel
Registered Dietitian
Qualifications: MSc Nutrition, BSc (Hons) Nutrition & Dietetics, BSc Biochemistry & Physiology
Expertise: Weight Management • Digestive Health • Women's Health • Chronic Diseases of Lifestyle • Sports Nutrition • Vegetarian Diets
• Children's Nutrition • Sport Specific Nutrition • Corporate Service Nutritionist • Nutrition Education
Specialities: Diabetes • Coronary Heart Disease • High Blood Pressure • PMS • Menopause
• Polycystic Ovary Syndrome • Digestive Health • IBS • Food Intolerances • Corporate Wellness and Nutrition • Nutrition in Stress • Sports Nutrition; performance, underperformance, stress, burnout & injury)
Current NHS post: Specialist Primary Care Dietitian
HOW TO FIND US

PPCS is located in central London:

**By Car:** PPCS is within the London Congestion Charging Zone. Parking is limited although NCP car parks are located within the vicinity and can be found by visiting: www.ncp.co.uk/find-a-car-park.htm. Pay and Display parking is available near to the Clinic.

**By Tube:** PPCS is conveniently located between two tube stations: Regents Park (served by the Hammersmith & City, Circle, Bakerloo lines) and Baker Street (served by the Hammersmith & City, Circle, Metropolitan, Bakerloo and Jubilee lines). The Clinic is a five minute walk from either station.

**By Train/Buses:** The closest mainline station is Euston Station which is a 15 minute walk away or served by frequent London buses (numbers 205 and 30). Paddington and Marylebone Stations are also close by.