



PSYCHIATRIC & PSYCHOLOGICAL
CONSULTANT SERVICES



14 DEVONSHIRE PLACE

Welcome to PPCS

Psychiatric and Psychological Consultant Services (PPCS) is an independent clinic and a registered provider with the Care Quality Commission (CQC). We have over 30 years' professional experience providing assessment and treatment for adults, adolescents, children and the elderly suffering from a range of psychiatric and psychological difficulties.

Our range of clinicians includes consultant psychiatrists (specialists in general, adult, old age and child and adolescent psychiatry), clinical and counselling psychologists, neuropsychologists, specialist therapists and allied professionals.

All Psychiatrists are registered with the General Medical Council (GMC) and listed on the Specialist Register. All Psychologists are registered with the Health & Care Professions Council (HCPC) and chartered with the British Psychological Society (BPS). All Counsellors are registered with the BACP (British Association for Counselling and Psychotherapy) or UKCP.

General Enquiries

For further information or assistance please contact us:

PPCS
14 Devonshire Place London W1G 6HX
T 020 7935 0640
F 020 7224 6256
info@ppcsLtd.co.uk
www.ppcsltd.co.uk

Referrals are accepted from a variety of sources, including General Practitioners, Physicians, Psychiatrists, Solicitors, Occupational Health and Human Resources departments, or by self-referral. Referrals may also be made directly to PPCS by Consultant Psychiatrists wishing to maintain ongoing responsibility for their patient(s), or alternatively, if required, to one of the Consultant Psychiatrists at 14 Devonshire Place via the Medical Director.

ASSESSMENT AND TREATMENT

At PPCS we undertake assessment and treatment of a wide range of issues and difficulties including:

Anxiety Disorders • Acquired Brain Injury • Dementia Syndromes and Functional Disorders • Depression/Mood Disorders • Dissociative Disorders • Eating Disorders • Fertility • Forensic/Medicolegal (Expert Witness Testimony) • Neurodevelopmental Disorders • Personality Disorders • Psychotic Disorders • Relationship Difficulties • Sexual Disorders • Sleep-Wake Disorders • Substance Misuse/Addictions.

Assessment Type

- Computerised Psychological Health Screening
- Cognitive
- Educational and Developmental
- Fit for Purpose
- Forensic
- Independent Medical Examination
- Intellectual
- Medicolegal
- Neuropsychological
- Occupational
- Pain Management
- Personal Injury
- Personality
- Pre-Employment
- Psychosexual
- Psychological
- Psychiatric
- Second Opinion
- Standard Psychometric Testing
- Confidence Building
- Couples Therapy/Marital Therapy
- Dialectical Behavioural Therapy (DBT)
- Enhanced Thinking Skills (ETS)
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Existential Therapy
- Family Therapy
- Group Analysis
- Humanistic (person-centered)
- Hypnotherapy
- Integrative Therapy
- Interpersonal Therapy
- Memory Rehabilitation
- Mindfulness
- Narrative Therapy
- Pain Management
- Person-Centered Therapy
- Psychodynamic Approaches
- Psychosexual Assessments
- Psychotherapy: Art, Body Centered, Individual, Integrative, Interpersonal Group, Family Rational Emotive Behavioural Therapy

Routine Treatment Approaches

- Acceptance and Commitment Therapy
- Anger Management
- Coaching (Life Coaching)
- Brief Psychodynamic Therapy
- Cognitive Analytic Therapy (CAT)
- Cognitive Behavioural Therapy (CBT) (Individual & Group)
- Compassion Focused Therapy
- Return to Work Programme
- Risk Assessments
- Rorschach Techniques
- Schema Therapy
- Solution Focused
- Stress Management
- Systemic Therapy

ASSESSMENT AND TREATMENT

Anxiety disorders

Agoraphobia • Generalised Anxiety Disorder
• Health Anxiety • Hoarding Disorder
• Obsessive Compulsive Disorder (OCD)
• Panic Disorder • Performance Anxiety • Phobias
• Post Traumatic Stress Disorder (PTSD) • Social Anxiety Disorder • Stress at Work • Substance Induced Anxiety Disorder

Psychiatrists no.: 2, 3, 4, 7, 9, 11, 12, 13, 14

Psychologists no.: 17, 18, 19, 21, 23, 24, 29, 30, 32, 33, 34, 35, 36, 38, 39, 40, 42

Acquired Brain Injury

Amnesia • Anoxic Brain Injury • Brain Tumours
• Cerebrovascular Accident (CVA – Stroke)
• Heart Attack • Hypoxic Brain Injury • Infections
• Traumatic Brain Injury

Psychiatrists no.: 13, 15

Psychologists no.: 22, 25, 26, 31, 32, 35, 37

Child and Adolescent emotional, behavioural difficulties

Child and Adolescent Psychiatry

Psychiatrists no.: 5, 10

Psychologists no.: 17, 20

Dementia Syndromes and Functional Disorders

Old Age Psychiatry

Psychiatrists no.: 1

Psychologists no.: 16, 25, 26, 31, 34

Depression / Mood Disorders

Adjustment Issues • Affective Disorders
• Bereavement and Loss • Bipolar • Burn-out
• Chronic Depression • Depression • Loss of Meaning • Substance Induced Depression • Suicide
• Terminal Illnesses • Work Related Depression.

Psychiatrists no.: 1, 2, 3, 4, 7, 9, 11, 12, 14

Psychologists no.: 17, 18, 19, 21, 23, 24, 27, 29, 32, 33, 34, 35, 36

Dissociative Disorders

Depersonalisation • Derealisation • Dissociative Amnesia /Dissociative Identity Disorder
• Dissociative Symptoms in Anxiety Disorders
• Mood Disorders • Neurodevelopmental Disorders • Substance Misuse

Psychiatrists no.: 1, 7, 9, 12, 14

Psychologists no.: 19, 24, 34

Eating Disorders

Anorexia Nervosa • Binge Eating • Body Dysmorphic Disorder • Bulimia Nervosa
• Digestive Health • Eating Disorders Not Otherwise Specified • Mindless Eating • Nutrition Education • Obesity • Weight Management

Psychiatrists no.: 3

Psychologists no.: 17, 33, 36

Dietitian no.: 43

Fertility

Stress and Anxiety going through IVF
• Bereavement and Loss • Sexual Difficulties
• Coming to terms with Infertility and Childlessness • Donor Assisted Conception and implications • Attachment issues in the couple/with baby

Psychiatrists no.: 3

Psychologists no.: 24, 27, 33, 36

Forensic/Medicolegal (Expert Witness Testimony)

Forensic & Medicolegal Assessments

Psychiatrists no.: 3, 4, 5, 6, 7, 8, 13, 15, 16

Psychologists no.: 17, 26, 31, 35

Neurologica/Neurodevelopmental Disorders

Alzheimer's • Amnesia • Attention Deficit Disorders (ADD) • Attention Deficit Hyperactivity Disorder (ADHD) • Autism Spectrum Disorders • Dementia
• Down's Syndrome (Genetic Disorder) • Epilepsy
• Intellectual Developmental Disorder • Learning Disabilities/Difficulties: Dyscalculia, Dyslexia, Speech Issues • Motor Disorders • Motor Neurone Disease • Multiple Sclerosis • Parkinson's Disease

Psychiatrists no.: 1, 2, 4, 5, 9, 10, 13, 15, 16

Psychologists no.: 25, 26, 31

Personality Disorders

Anti-social Personality • Avoidant Personality
• Borderline Personality • Dependent Personality
• Histrionic Personality • Narcissistic Personality
• Neuroticism • Obsessive Compulsive Personality • Paranoid Personality • Schizoid Personality • Schizotypal Personality

Psychiatrists no.: 2, 6, 8, 11, 12

Psychologists no.: 23

Perinatal Disorders (mental health problems in pregnant and postnatal women)
Depression, Anxiety, OCD and Psychosis in pregnant and postnatal women; pre-conception advice for women with mental health problems who are planning pregnancy.

Psychiatrists no.: 7, 11

Psychologists no.: 22, 33, 36, 39

Psychotic Disorders

Delusion Disorder • Hallucinations
• Schizophrenia • Schizotypal Personality Disorder.

Psychiatrists no.: 2, 6, 11

Psychologists no.: 23, 26, 30

Relationships

Bullying • Couples Issues • Divorce • Family Relationships • Parental Mental Health

Psychiatrists no.: 10, 11

Psychologists no.: 24, 26, 28, 29, 33, 35, 38, 40

Sexual Disorders

Delayed Ejaculation • Early Ejaculation • Erectile Dysfunction • Female Orgasmic Disorder
• Hypoactive Sexual Desire • Loss of Interest in Sex • Paraphilia • Sexual Addiction • Sexual Compulsivity

Psychiatrists no.: 4, 6

Psychologists no.: 27

Sleep-Wake Disorders

Chronic Fatigue • General Sleep Issues
• Insomnia • Narcolepsy • Night Terrors • Sleep Apnea – Breathing-related Sleep Disorders

Psychiatrists no.: 3

Psychologists no.: 34

Substance Misuse / Addictions

Addictions • Alcohol Dependence • Caffeine
• Cannabis • Cocaine • Drug Addiction • Gambling Addiction • Hallucinogen • Internet Addiction
• Inhalant • Nicotine • Shopping Addiction

Psychiatrists no.: 3

The above listing and content within the following categories is not exhaustive, please call PPCS should you be unsure of who to refer to and we will be happy to assist.

OUR SPECIALISTS

PSYCHIATRISTS *(Psychologists page 7)*

Dr. Saad Al-Khalaf¹

Consultant Psychiatrist

Qualifications: FRCPsych, MBChB, DPM, DipPsych.

Expertise: Old Age Psychiatry • Acute

General Psychiatry.

Specialities: Psychiatry of Older Adults • Mood Disorder • Resistant Depression • Cognitive Impairment • Dementia.

Past Appointments: Consultant Psychiatrist, Surrey & Border NHS Trust.

Languages: Arabic • French.

Dr. Teresa Borrell²

Consultant Psychiatrist

Qualifications: LMS, MRCPsych.

Expertise: General Adult Psychiatry.

Specialities: Serious & enduring mental health problems – severe depression, schizophrenia, bipolar illnesses & PTSD.

Current post: NELFT, Consultant in General Adult Psychiatry since 2000.

Language: Spanish.

Dr. Michael Bourke³

Consultant Psychiatrist

Qualifications: FRCPsych (UK), FRCP (Canada), FCPsychI (Ireland).

Expertise: Liaison Psychiatry • General Psychiatry

Specialities: Anxiety • Depression • Eating

Disorders • Somatoform Disorders • OCD

• Psychosomatic Disorders • Medico-Legal

• Personal Injury • Trauma.

Previous Appointments: Consultant Psychiatrist, Blackrock Clinic and Adelaide Teaching Hospital & Medical Director Kylemore Clinic, Dublin, Ireland.

Dr. Kunal Choudhory⁴

Consultant Psychiatrist

Qualifications: BMSc (Hons), MB/ChB,

MRCPsych, MBA.

Expertise: General Adult Psychiatry

• Substance Misuse and Addiction Psychiatry

• Forensic Psychiatry.

Specialities: Bipolar Affective Disorder

• Anxiety • Depression • Adult ADD

• Schizophrenia • Psychosis • Personality

Disorders • Women's Mental Health

• Recovery and Rehabilitation Psychiatry

Medico-legal: Family Law • Criminal Law

• Civil Law • Immigration Law • Capacity

Certification • extensive experience of giving evidence in Court / Tribunals / Parole Boards.

Previous Posts: Consultant Forensic Psychiatrist (NHS) and Consultant Adult Psychiatry – Women's Service (NHS).

Current Appointment: Consultant Psychiatrist – Rehabilitation Unit.

Dr. David Foreman⁵

Consultant Child and Family Psychiatrist

Qualifications: MB, ChB, MSc, FRCPsych, FRCPCH.

Expertise: General Child and Adolescent

Psychiatry, including Neuropsychiatry and Neurodisability Psychiatry of preschool children

and infancy • Children of Parents Under Stress

• Child and Adolescent Psychopharmacology • Complex Psychiatric Assessments • Preparation

of Medicolegal Reports in Civil and Criminal Cases • Second Opinion Service • Telemedicine

and Remote Medical Management.

Specialities: Children with Multiple Comorbidities • Sequelae of Neurodisability,

including Acquired Neurodisability • ADHD and Autism • Child Problems Arising in the Early

Years • Impact of Divorce on Children • Impact of Parental Mental Health on Child Development.

Past and Current Appointments: Visiting Professor, Royal Holloway University of London,

Consultant in Child and Adolescent Psychiatry, Isle of Man Government, Co-opted Member,

Royal College of Psychiatrists Faculty of Child and Adolescent Psychiatry & Faculty of

Perinatal Psychiatry, Medical Member, Isle of Man Mental Health Review Tribunal and Social

Care Review Tribunal.

Dr. Paul Foster⁶

Consultant Psychiatrist

Qualifications: MRCPsych, CCST Psychiatry, MB BS.

Expertise: General Adult Psychiatry

Specialities: General Mental Health Issues

• Enduring Mental Illness • Psychotherapy

• Psychosis.

Current NHS Post: Consultant Psychiatrist, Edgware Community, BEH Mental Health NHS Trust.

Dr. Jona Lewin⁷

Consultant Psychiatrist

Qualifications: MD Munich, MPhil London,

FRCPsych.

Expertise: General Adult Psychiatry.

Specialities: Mood Disorders • Anxiety Disorders

• PTSD • OCD • Perinatal Psychiatry.

Current NHS Post: Consultant Psychiatrist, CNWL Foundation Trust, Brent Assessment

and Brief Treatment Team and Coombe Wood Perinatal Service.

Languages: German.

Professor Anthony Maden⁸

Consultant Forensic Psychiatrist

Qualifications: FRCPsych, MBBS, MD

Expertise: Forensic Psychiatry

Specialities: PTSD • Medical Negligence

• Employment Tribunals • Adult Consequences of Childhood Sexual Abuse • Personality Disorders.

Current Appointments: Emeritus Professor of Forensic Psychiatry at Imperial College London.

• Jointly appointed expert to the Jersey Historic Abuse Redress Scheme.

Dr. Stefanos Maltezos⁹

Consultant Psychiatrist

Qualifications: MBBS, MSc.

Expertise: General Adult Psychiatry

Specialities: ADHD • Autism Spectrum Disorders • Anxiety Disorders • Mood Disorders / Depression.

Current NHS Post: Consultant Psychiatrist at the Adult Autism Spectrum Disorder / ADHD Service at the Maudsley Hospital, South London and Maudsley NHS Foundation Trust.
Languages: Greek.

Dr. Jason Maratos¹⁰

Medical Director PPCS, Consultant Child & Adolescent Psychiatrist

Qualifications: DPM, MPhil, MInstGA, FRCPsych.

Expertise: Child & Adolescent Psychiatry

• Psychotherapy • Family Therapy.

Specialities: Emotional & Behavioural Difficulties of Children and Adolescents • Attention Deficit (Hyperactivity) Disorders • Psychosomatic Disorders • Group Analysis • Medico-Legal • Trauma.

Previous Appointments: NHS Consultant since 1980
Languages: Greek.

Dr. Maria Papanastassiou¹¹

Consultant Psychiatrist

Qualifications: MRCPsych, MSc.

Dip Psychoanalytic Psychotherapy

Expertise: General Adult Psychiatry

Specialities: PTSD • Personality Disorders

• Group Analysis • Psychotherapy • Medico-Legal

• Anxiety • Depression • Schizophrenia.

Current NHS Post: Adult Psychiatrist at NHS NELFT, awarded 6 clinical excellence awards.
Languages: Greek.

Dr. Maja Ranger¹²

Consultant Psychiatrist

Qualifications: MD, MRCPsych.

Expertise: General Adult Psychiatry

• Rehabilitation Psychiatry.

Specialities: Mood Disorders • Anxiety • OCD

• Depression • Psychosis • Schizophrenia •

Personality Disorder • Stress Reaction • PTSD.

Current NHS Post: Consultant Psychiatrist CNWL NHS Foundation Trust.
Languages: Serbo-Croat.

Dr. Gavin Tennent¹³

Consultant Psychiatrist

Qualifications: MA, DPM, DM, MRCPsych,

FRCPsych, Dip Criminal.

Expertise: Forensic Psychiatry • General Psychiatry

Specialities: Depression • Anxiety • Medico-Legal

• Personal Injury • Episodic Dyscontrol

• Neuropsychiatry.

Dr. Jan Wise¹⁴

Consultant Psychiatrist

Qualifications: MB, BS, MSc, FRCPsych.

Expertise: General Adult Psychiatry

• Liaison Psychiatry • Medico-Legal

Specialities: Adult ADHD • Capacity Assessments

• Fitness to Parent • Disability • Mood Disorders

• Anxiety • PTSD • Personal Injury • Psychosis

• Schizophrenia • Substance Misuse.

Current Appointments: Consultant Psychiatrist, NHS 2002–Present, Lecturer at EPA and APA annual conferences. Over 70 publications.

Dr. Padraig Wright¹⁵

Consultant Psychiatrist

Qualifications: RPN, LRCP&SI, LM, MB, BAO, MRCPsych.

Expertise: General Psychiatry • Neuropsychiatry

• Employment Psychiatry.

Specialities: Psychopharmacology • Medico-Legal

(personal injury) • Adult ADHD • Injury at Work.

• Employment Discrimination.

Professor Graeme Yorston¹⁶

Consultant Forensic Psychiatrist

Qualifications: BSc, MB BS, MSc, MRCPsych, MEWI.

Expertise: Medicolegal: murder, sexual offences, older offenders, fitness to plead, personal injury, automatism, dementia, depression, testamentary capacity.

Specialities: Old Age Psychiatry • Neuropsychiatry

• Forensic Psychiatry.

Current Post: Consultant Forensic Neuropsychiatric, St Matthews Healthcare, Dallingtons Hospital, Northampton.

PSYCHOLOGISTS

Ms. Taylor Ashlin¹⁷

Chartered Consultant Clinical Psychologist/ Neuropsychologist

Qualifications: Bsc (Hons), MaPsych (Clin), SOE (BPS), Member British Neuropsychological Society, HCPC, Member Australian Psychological Society.

Expertise: Child, Adolescent and Adult Mental Health Issues (stress / anxiety, depression, Bipolar, OCD, Psychosis) • Attachment and Personality Disorders • Trauma, Abuse and Neglect • Parenting Capacity, Ability to Protect and Risk assessments • Domestic Abuse • Counselling • CBT • Individual and Couple Therapy • Women's Health • Brain Injury and Stroke • Neurocognitive Assessments of Learning Difficulties, Memory, and IQ • Oncology and Brain Tumours • Expert Witness in Family Law • Eating Disorders.

Previous Appointments: Consultant Clinical Psychologist – Neuro Disabilities and Acquired Brain Injury Nottingham, NHS Stroke Service, Child and Adolescent Mental Health Service NHS, Acute Psychiatric Inpatient Unit.

Current Appointments: Lead Paediatric Neuropsychologist The Portland Hospital, Lead Consultant Neuropsychologist Harley Street Cancer Clinic.

Dr. Jasmine Chin¹⁸

Clinical Psychologist

Qualifications: BSc, D. Psych, PG Systemic Psychotherapy.

Expertise: Adult & Family Mental Health • Stress • Depression • Anxiety • Work Conflict • Trauma • Bereavement • Anger • Psychosis • Relationship Difficulties • Parenting • Family work
Specialities: Narrative Therapy • Mindfulness • CBT • Systemic Psychotherapy.

Current NHS Post: Clinical Psychologist – Adult Mental Health and Child & Adolescent Mental Health, Tavistock & Portman NHS Trust and Camden & Islington NHS Trust.

Mrs. Tamara Cilliers¹⁹

Chartered Clinical Psychologist

BABCP Accredited CBT Therapist

Qualification: British Psychological Society (BPS), HCPC (Health Care Professions Council) and BABCP (British Association of Behavioural and Cognitive Psychotherapies).

Expertise: Anxiety and Mood Disorders • Stress • Relationship Difficulties • Self-Harm • Anger.

Ms. Dawn Clark²⁰

Psychotherapist and Counsellor

Qualifications: BA (Hons) Psychology, PG Counselling Psychology, MSc Psychodynamics of Human Development BABCP Accredited Psychotherapist.

Expertise: Counselling Psychology
Specialities: CBT, Psychodynamic (Post Freudian and Jungian); existential and their integration working with a wide range of difficulties for both adults and adolescents.

Previous Appointments: The NHS and other settings.

Dr. Alessandra De Acutis²¹

Chartered Psychologist

Qualifications: BSc, Dr Psychotherapeutic & Counselling Psychology, HCPC, BPS, Certified Business/Life Coach.

Expertise: Severe and Enduring Mental Health problems (inpatients + outpatients) • Trauma • Psychosis • Bipolar Affective Disorder • Depression • Anxiety • Addictions • Stress Management • Individual and Group treatment for Borderline Personality Disorders • Family Work.

Specialities: Anxiety • Depression • Psychosis • Severe Mental Health difficulties including Psychosis • work-related stress • life coaching • business coaching • team coaching • the role of spirituality, religion and personal philosophy in therapy, wellbeing and recovery from mental health problems.

Previous posts: GP practice (NHS) Eating Disorders Charity (BEAT), Psychodynamic Psychotherapy Outpatients Clinic (NHS); Inpatient Acute Mental Health Ward (NHS); Community Mental Health Team (NHS).

Languages: Italian.

Mr. Daniel Friedland²²

Consultant Clinical Neuropsychologist

Qualifications: MA.

Expertise: Neurorehabilitation • Cognitive Assessments.

Specialities: Acquired Brain Injury • Traumatic Brain Injury • Neuropsychology • Hypoxic/ Anoxic Brain Injury • Infections • Strokes.

Current NHS Post: Acquired Brain Injury Team, Hertfordshire.

Mrs. Julie Henry²³

Chartered Psychologist

Qualifications: BSc (Hons), MSc, PGDip Psych, BPS Full Member Division of Couns Psych.

Expertise: Integrative Relational Model • Working with Adults and Young Adults also Focusing on the Therapist-Client Relationship.
Specialities: Relationship Difficulties • Personality Development • Social and Communicative Functioning • Depression • Stress • Anxiety • Self-Esteem and Confidence building • Work Related Issues • Bullying • Burn-out and the Perfectionist Model • Trauma and PTSD • Bereavement and Loss.

Previous Appointments: NHS (Secondary Care), over 18 years of private and public sector work.

Ms. Sharon Kalinko²⁴

Counselling Psychologist

Qualifications: BA, BA (Hons), MA (Couns. Psych), UED Certified Teaching and Supervising Transactional Analyst, (ITAA) Certified Teaching and Supervising Relational Integrative Psychotherapist (IIPA, UKCP) C. Psychol (BPS), Registered with HCPC.

Expertise: Adult Psychotherapy for Anger Management • Relationship Difficulties • Communication Problems • Self-Development • Anxiety • Depression • Mood Disorders • Dissociative Disorders • Personality Disorders • Cumulative and Acute Trauma • Dealing with Life Events and Transitions • Marital Crisis.

Specialities: Focus is always on the therapeutic relationship with the client and the approach is essentially integrative with many approaches that are compatible with a Humanistic, Existential, Person-centered and compassionate stance working with the client in a respectful, attuned manner for the benefit of the client and awareness of the client's system in totality. This can sometimes include Family Constellations as well as couple or group Interventions plus the use of short-term as well as longterm interventions including CBT, solution-focused therapy and stress management. The approach to life coaching is grounded in the same theoretical basis.

Experience: 37 years of experience in private practice working with all the above. 27 years of experience as a Trainer and Supervisor of Counsellors, Psychotherapists, Psychologists and other mental health professionals. Extensive experience in dealing with cross-cultural issues and emigration.

Current Post: Currently in private practice in all the above areas.

Languages:

Professor Narinder Kapur ²⁵

Consultant Clinical Neuropsychologist

Qualifications: BA, PhD, Dip Clin Psych, FBPoS.

Expertise: Neuropsychology • Memory Disorders • Neuropsychological Assessments • Memory Rehabilitation.

Specialities: Amnesia • Dementia • Epilepsy

• Acquired Brain Injuries • Medico-Legal Reporting.

Current Posts: Visiting Professor of Neuropsychology, UCL, Head of Neuropsychology Service at Imperial College Healthcare NHS Trust.

Dr. Simon Kirwilliam ²⁶

Principal Clinical Neuropsychologist

Qualifications: BSc, MRes, DipClin Psych, C.Psychol.

Expertise: Clinical and medico-legal neuropsychological assessment

• neuropsychological rehabilitation
• mental capacity assessment.

Speciality: Traumatic brain injury • dementia / memory symptoms • epilepsy • degenerative neurological conditions • cross-cultural neuropsychological assessment.

Current Post: Principal Clinical Neuropsychologist, Neuropsychology Service, North-East London NHS Foundation Trust.

Dr. Sharon Leicht ²⁷

Consultant Clinical & Forensic Psychologist

Qualifications: BA (Hons) Psych, MAppPsych, MSc, DipCIHypn, DCIPsych.

Expertise: Clinical Psychology • Forensic Psychology • Clinical Hypnotherapy.

Specialities: Abuse • PTSD • Psychosis • Personality Disorders • Depression • Anxiety • OCD • Phobias • Grief and Loss • Mindfulness • Cognitive & Intellectual Assessments • Personality Assessments • Stress Management • Forensic Assessments • Psychosexual Assessments • Eclectic Approach • CBT • DBT • Rorschach Techniques • EMDR • Schema-Focused.

Previous Appointments: 26 years experience as a qualified Psychologist, 15 years as a Consultant Psychologist. Experience as a Military Psychologist.

Dr. Rebecca Lowe ²⁸

Chartered Psychologist

Qualifications: CPsychol, BA, DipPsych, CertArt, DCounsPsy, HPCP, MBABCP.

Expertise: Dr Lowe is a Specialist Psychologist in the National Health Service and the Private Health Sector, with a specific focus on acute anxiety and stress management, depression and trauma presentations and both general and complex mental health care.

Specialities: Dr Lowe also has a background in creative arts and is trained to integrate art into psychological therapy and general and complex mental health care.

Dr. Guy Moss ²⁹

Chartered Clinical Psychologist

Qualifications: BSc, MCLinPsych, DPsych.

Expertise: Clinical Psychology.

Specialities: Anxiety Disorders • Mood Disorders • Anger Management • Addiction • Relationship Difficulties • Stress Related Issues • Personality Disorders • Psychotic Illness • Schizophrenia.

Current NHS Post: Clinical Psychologist working within at an out-patient and in-patient service at Camden and Islington Mental Health NHS Trust.

Dr. Maria Papastergiou ³⁰

Chartered Clinical Psychologist

Qualifications: BA, BSW, MSc, D.Clin.Psy. HCPC

Registered, Member of the BPS Division of Clinical Psychology & Faculty of the Psychology of Older Adults, Member of the UKPTS.

Expertise: Clinical Psychology in Adult Mental Health • Cognitive Behavioural Therapy

• Individual & group • Assessment, Formulation and treatment.

Specialities: Anxiety and Affective Disorders • Work-related difficulties & stress issues • Adjustment disorder • Trauma and loss • Psychosis • Integrative therapy incorporating third wave psychological approaches, including mindfulness & compassion-focused work, for person-centered and individualised psychological intervention.

Current NHS post: CBT Specialist Psychologist in Secondary Care.

Languages: Greek, French, Spanish.

Dr. Emma Reynoulds ³¹

Consultant Clinical Neuropsychologist

Qualifications: BSc, DClinPsy, PgDip, QiCN, SRCN, CUBS.

Expertise: Neuropsychological assessment • Neurorehabilitation • Forensic/Medico Legal (Expert Witness Testimony).

Specialities: Acquired Brain Injury • Traumatic Brain Injury • Hypoxic/Anoxic Brain Injury • Brain Infections • Hydrocephalus • Brain Tumour • Stroke • Epilepsy • Dementia • Alzheimer's • Motor Disorders • Motor Neurone Disease • Multiple Sclerosis • Parkinson's Disease.

Current NHS Post: Consultant Clinical Neuropsychologist, Neuropsychological Rehabilitation Services, West London Mental Health NHS Trust.

Dr. Che Rosebert ³²

Chartered Psychologist

Qualifications: DClinPsych, MA, BSc.

Expertise: Clinical Psychologist • Organisational Consultant • Division of Clinical Psychology Psychosis & Complex Mental Health Faculty Chair • Therapist • Supervisor • Trainer.

Specialities: Adult Mental Health • Anxiety including OCD • Depression • Bereavement, PTSD & Trauma • Psychosis including Voices, Hallucinations and Paranoia • Bipolar Disorder, Relational Difficulties with Self and Others • Deliberate Self-harm • Staying Well • Individual, Couple, Family and Group Work • CBT and Integrative Psychotherapies and Family Interventions • Facilitating healthy organisations using Systems Psychodynamics and Reflective Practice.

Current NHS Post: Adult Mental Health & Homelessness, East London NHS Foundation Trust.

Ms. Sandra Stamos³³

Chartered Forensic and Counselling Psychologist
BSc (Psych), Post. Grad. Dip. (Couns), CPsychol.
Chartered with the British Psychological Society
(BPS) and registered with the Health and Care
Professions Council (HCPC).

Expertise: Counselling psychology • Integrative
psychology • Psychodynamic therapy • Forensic
psychology and assessment • Cognitive
and Intellectual Assessment • Personality
Assessment. Rorschach Techniques • Autism
diagnosis • CBT • Mindfulness and Relaxation.
Specialties: Adult & Family Mental Health
• Stress • Depression • Anxiety • Autism • Trauma
• Bereavement • Anger • Psychosis • Relationship
Difficulties • Parenting • Family work • Bipolar
Affective Disorder • Harm reduction and
substance use • Offending behaviour • OCD
• Abuse • Eating Disorders • Fertility issues.

Previous and Current Appointments: 22 years
experience as a qualified Psychologist, 10
years working with child and family services
and young offenders, 11 years as a Senior
Psychologist in care and mental health industry.
Languages: Greek.

Dr. Barbara Christine Stevens³⁴

Consultant Clinical Psychologist
Qualifications: BA (Hons), PhD, DipClin Psych,
AFBPS BPS and HCPC Registered.

Expertise: Cognitive Behaviour Therapy for
Depression • Anxiety • Obsessive Compulsive
Disorders • Drug and Alcohol Dependency
• Eating Disorders • Work Related Stress
Specialties: Psychological Treatment of Post-
Traumatic Stress Disorder, including reactions
to early trauma, accident and combat stress in
military veterans.

Other Expertise: Neuro-psychological evaluations
of learning disabilities in adults and dementia
including assessment of social functioning.
Previous Appointments: NHS 1983-2002
Consultant Forensic and Clinical Psychologist,
Runwell Hospital, Medium Secure Unit, Essex.
Current Post: Director of Psychology, PPCS Ltd.

Dr. Louis André van Graan³⁵

Consultant Clinical Neuropsychologist
Qualifications: BA, BA (Hons), MA (Clin Psych),
Languages: Greek, French, Spanish.
MSc (Neuroscience), D.Phil, MSc (Advanced
Neuroimaging).

Expertise: Neuropsychological Assessment and
Rehabilitation • Psychological Therapy.
Specialties: Pain Psychology • PTSD • Human
Factors and Performance • Brain Injury • Epilepsy
• Anxiety Disorders • Depression.
Previous Appointments: Consultant
Neuropsychologist, Priory Healthcare •
Consultant Neuropsychologist, Brain Injury
Rehabilitation Trust • Clinical Psychologist, Institute
of Psychiatry & Maudsley Hospital, London.

Dr. Ruth Weiner³⁶

Chartered Clinical Psychologist
Qualifications: BA (Hons) Psychology, D.Clin
Psych, C.Psych. Registered with BPS and HCPC.
Expertise: Cognitive Behavioural Therapy (CBT)

• Eye Movement Desensitisation Reprocessing
(EMDR) • Solution-Focused Therapy
• Acceptance and Commitment Therapy (ACT)
Trauma Focused Therapy.
Specialties: Long Term Health Conditions
including Chronic Pain • Chronic Fatigue
• Cancer and Obesity • Emotional Difficulties
in the Perinatal Period and Parenting Issues
• Infertility • Coping with IVF • Managing
Transitions • Work-related Stress • Anxiety and
Mood Disorders • Panic Phobias and Trauma
• Depression • Bereavement.

Previous Appointments: Deputy Clinical Lead,
Newham Talking Therapies, East London
Foundation Trust, Deputy Lead for Clinical
Health Psychology, 17 years working in
primary care and acute medical hospitals
providing assessment/treatment. Over 18
years supervising/managing clinical and
counselling psychologists and training/
supervising trainee psychologists.
Current Post: Clinical Psychologist in Long Term
Conditions (Cardiac Services and Respiratory
Care) Oxleas NHS Trust.

ASSOCIATES (DIETITIAN)

Ms. Linia Patel³⁷

Registered Dietitian
Qualifications: MSc Nutrition, BSc (Hons)
Nutrition & Dietetics, BSc Biochemistry &
Physiology.
Expertise: Weight Management • Digestive
Health • Women's Health • Chronic Diseases of
Lifestyle • Sports Nutrition • Vegetarian Diets
• Children's Nutrition • Sport Specific Nutrition
• Corporate Service Nutritionist • Nutrition
Education.
Specialties: Diabetes • Coronary Heart Disease
• High Blood Pressure • PMS • Menopause
• Polycystic Ovary Syndrome • Digestive Health
• IBS • Food Intolerances • Corporate Wellness
and Nutrition • Nutrition in Stress • Sports
Nutrition; performance, underperformance,
stress, burnout & injury).
Current NHS post: Specialist Primary Care Dietitian.

HOW TO FIND US



PPCS is located in central London:

By Car: PPCS is within the London Congestion Charging Zone. Parking is limited although NCP car parks are located within the vicinity and can be found by visiting:

www.ncp.co.uk/find-a-car-park.htm.

Pay and Display parking is available near to the Clinic.

By Tube: PPCS is conveniently located between two tube stations: Regent's Park (served by the Hammersmith & City, Circle, Bakerloo lines) and Baker Street (served by the Hammersmith & City, Circle, Metropolitan, Bakerloo and Jubilee lines). The Clinic is a five minute walk from either station.

By Train/Buses: The closest mainline station is Euston Station which is a 15 minute walk away or served by frequent London buses (numbers 205 and 30). Paddington and Marylebone Stations are also close by.