



PSYCHIATRIC & PSYCHOLOGICAL
CONSULTANT SERVICES



14 DEVONSHIRE PLACE

Welcome to PPCS

Psychiatric and Psychological Consultant Services (PPCS) is an independent clinic and a registered provider with the Care Quality Commission (CQC). We have over 30 year's professional experience providing assessments and treatments for adults, adolescents, children and the elderly suffering from a range of psychiatric and psychological difficulties and issues.

Our range of clinicians includes consultant psychiatrists (both general and specialist), clinical and counselling psychologists, neuropsychologists, specialist therapists and allied professionals.

All of our specialists are registered and accredited with their appropriate professional bodies and this is monitored by PPCS's Clinical Advisory Board (CAB). All Psychiatrists are registered with the General Medical Council (GMC) and listed on the Specialist Register. All Psychologists are registered with the Health & Care Professions Council (HCPC) and chartered with the British Psychological Society (BPS). All Counsellors are registered with the BACP (British Association for Counselling and Psychotherapy) or UKCP.

General Enquiries

For further information or assistance please contact us:

PPCS
14 Devonshire Place London W1G 6HX
T 020 7935 0640
F 020 7224 6256
info@ppcsltd.co.uk
www.ppcsltd.co.uk

Referrals are accepted from a variety of sources, including General Practitioners, Physicians, Psychiatrists, Solicitors, Occupational Health and Human Resources departments, or by self-referral. Referrals may also be made directly to PPCS by Consultant Psychiatrists wishing to maintain ongoing responsibility for their patient(s), or alternatively, if required, to one of the Consultant Psychiatrists at 14 Devonshire Place via the Medical Director.

ASSESSMENT AND TREATMENT

At PPCS we undertake assessment and treatment of a wide range of issues and difficulties including:

Anxiety Disorders • Acquired Brain Injury • Dementia Syndromes and Functional Disorders • Depression/Mood Disorders • Dissociative Disorders • Eating Disorders • Fertility • Forensic/Medicolegal (Expert Witness Testimony) • Neurodevelopmental Disorders • Personality Disorders • Psychotic Disorders • Relationship Difficulties • Sexual Disorders • Sleep-Wake Disorders • Substance Misuse/Addictions.

Assessment Type

- Computerised Psychological Health Screening
- Cognitive
- Educational and Developmental
- Fit for Purpose
- Forensic
- Independent Medical Examination
- Intellectual
- Medicolegal
- Neuropsychological
- Occupational
- Pain Management
- Personal Injury
- Personality
- Pre-Employment
- Psychosexual
- Psychological
- Psychiatric
- Second Opinion
- Standard Psychometric Testing

Routine Treatment Approaches

- Acceptance and Commitment Therapy
- Anger Management
- Coaching (Life Coaching)
- Brief Psychodynamic Therapy
- Cognitive Analytic Therapy (CAT)
- Cognitive Behavioural Therapy (CBT) (Individual & Group)
- Compassion Focused Therapy

- Confidence Building
- Couples Therapy
- Dialectical Behavioural Therapy (DBT)
- Enhanced Thinking Skills (ETS)
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Existential Therapy
- Family Therapy
- Group Analysis
- Humanistic (person-centered)
- Hypnotherapy
- Integrative Therapy
- Interpersonal Therapy
- Marital Therapy
- Memory Rehabilitation
- Mindfulness Approach
- Narrative Therapy
- Pain Management
- Person-Centered Therapy
- Psychodynamic Approaches
- Psychosexual Assessments
- Psychotherapy: Art, Body Centered, Individual, Integrative, Interpersonal Group, Family Rational Emotive Behavioural Therapy
- Return to Work Programme
- Risk Assessments
- Rorschach Techniques
- Schema Therapy
- Solution Focused
- Stress Management
- Systemic Therapy

ASSESSMENT AND TREATMENT

Anxiety disorders

Agoraphobia • Generalised Anxiety Disorder
• Health Anxiety • Hoarding Disorder
• Obsessive Compulsive Disorder (OCD)
• Panic Disorder • Performance Anxiety • Phobias
• Post Traumatic Stress Disorder (PTSD) • Social Anxiety Disorder • Stress at Work • Substance Induced Anxiety Disorder

Psychiatrists no.: 6, 7, 8, 10, 13, 15, 16, 17, 18

Psychologists no.: 23, 24, 26, 28, 30, 32, 33, 36, 37, 39, 40, 41, 42, 43, 44, 45, 47

Cognitive Behavioural & Existential Therapist no.: 46

Acquired Brain Injury

Amnesia • Anoxic Brain Injury • Brain Tumours
• Cerebrovascular Accident (CVA – Stroke)
• Heart Attack • Hypoxic Brain Injury • Infections
• Traumatic Brain Injury

Psychiatrists no.: 17, 19

Psychologists no.: 24, 26, 27, 39

Child and Adolescent emotional, behavioural difficulties

Child and Adolescent Psychiatry

Psychiatrists no.: 11, 14

Psychologists no.: 40

Dementia Syndromes and Functional Disorders

Old Age Psychiatry

Psychiatrists no.: 2, 20

Psychologists no.: 31, 32, 43

Depression / Mood Disorders

Adjustment Issues • Affective Disorders
• Bereavement and Loss • Bipolar • Burn-out
• Chronic Depression • Depression • Loss of Meaning • Substance Induced Depression • Suicide
• Terminal Illnesses • Work Related Depression.

Psychiatrists no.: 2, 5, 6, 7, 10, 13, 15, 16, 17

Psychologists no.: 28, 30, 35, 36, 37, 38, 39, 40, 42, 43, 44, 45, 47

Cognitive Behavioural & Existential Therapist no.: 46

Dissociative Disorders

Depersonalization • Derealisation • Dissociative Amnesia /Dissociative Identity Disorder
• Dissociative Symptoms in Anxiety Disorders
• Mood Disorders • Neurodevelopmental Disorders • Substance Misuse

Psychiatrists no.: 6, 7, 10, 15, 16, 17, 18

Psychologists no.: 25, 29, 32, 33, 36, 37, 44, 45

Eating Disorders

Anorexia Nervosa • Binge Eating • Body Dysmorphic Disorder • Bulimia Nervosa
• Digestive Health • Eating Disorders Not Otherwise Specified • Mindless Eating • Nutrition Education • Obesity • Weight Management

Psychiatrists no.: 6, 10

Psychologists no.: 27, 30, 33, 39

Dietitian no.: 48

Fertility

Stress and Anxiety going through IVF
• Bereavement and Loss • Sexual Difficulties
• Coming to terms with Infertility and Childlessness • Donor Assisted Conception and implications • Attachment issues in the couple/with baby

Psychiatrists no.: 13

Psychologists no.: 23, 40

Forensic/Medicolegal (Expert Witness Testimony)

Forensic & Medicolegal Assessments

Psychiatrists no.: 1, 4, 6, 9, 10, 11, 14, 15, 16, 17, 18, 19, 20

Neurodevelopmental Disorders

Alzheimer's • Amnesia • Attention Deficit Disorders (ADD) • Attention Deficit Hyperactivity Disorder (ADHD) • Autism Spectrum Disorders • Dementia • Down's Syndrome (Genetic Disorder) • Epilepsy • Intellectual Developmental Disorder • Learning Disabilities/Difficulties: Dyscalculia, Dyslexia, Speech Issues • Motor Disorders • Motor Neurone Disease • Multiple Sclerosis • Parkinson's Disease

Psychiatrists no.: 2, 10, 11, 14, 18, 19, 20

Psychologists no.: 31, 32, 43, 45

Personality Disorders

Antisocial Personality • Avoidant Personality • Borderline Personality • Dependent Personality • Histrionic Personality • Narcissistic Personality • Neuroticism • Obsessive Compulsive Personality • Paranoid Personality • Schizoid Personality • Schizotypal Personality

Psychiatrists no.: 7, 15,

Psychologists no.: 26, 27, 30, 33, 35, 36, 39, 40, 44

Perinatal Disorders (mental health

problems in pregnant and postnatal women) Depression, Anxiety, OCD and Psychosis in pregnant and postnatal women; pre-conception advice for women with mental health problems who are planning pregnancy.

Psychiatrists no.: 8, 13, 16

Psychologists no.: 27, 33, 38, 40

Psychotic Disorders

Delusion Disorder • Hallucinations • Schizophrenia • Schizotypal Personality Disorder.

Psychiatrists no.: 4, 7, 18

Psychologists no.: 36, 38, 39, 40

Relationships

Bullying • Couples Issues • Divorce • Family Relationships • Parental Mental Health

Psychiatrists no.: 10, 11, 16

Psychologists no.: 30, 37, 38, 39, 41, 43, 47

Sexual Disorders

Delayed Ejaculation • Early Ejaculation • Erectile Dysfunction • Female Orgasmic Disorder • Hypoactive Sexual Desire • Loss of Interest in Sex • Paraphilia • Sexual Addiction • Sexual Compulsivity

Psychiatrists no.: 4, 6

Psychologists no.: 23, 37, 41, 47

Sleep-Wake Disorders

Chronic Fatigue • General Sleep Issues • Insomnia • Narcolepsy • Night Terrors • Sleep Apnea – Breathing-related Sleep Disorders

Psychiatrists no.: 6, 16

Psychologists no.: 47

Cognitive Behavioural & Existential Therapist no.: 46

Substance Misuse / Addictions

Addictions • Alcohol Dependence • Caffeine • Cannabis • Cocaine • Drug Addiction • Gambling Addiction • Hallucinogen • Internet Addiction • Inhalant • Nicotine • Shopping Addiction

Psychiatrists no.: 1, 16, 17, 18, 19

Psychologists no.: 27, 37

Dietitian no.: 48

The above listing and content within the following categories is not exhaustive, please call PPCS should you be unsure of who to refer to and we will be happy to assist.

OUR SPECIALISTS

PSYCHIATRISTS *(Psychologists page 8)*

Professor Mohammed Abou-Saleh¹

Professor of Psychiatry

Qualifications: M Phil; PhD, FRCPsych

Expertise: General Adult Psychiatry

Current and previous appointments: Consultant Psychiatrist and Senior Lecturer in Psychiatry at University of Liverpool from 1986 till 1991 and appointed Foundation Professor of Psychiatry at the Faculty of Medicine, United Arab Emirates University. Returned to UK to take the appointment of Reader in Addiction Psychiatry at St George's, University of London and Honorary Consultant in Addiction Psychiatry South West London and St George's Mental Health NHS Trust from 1998. Promoted to Professor of Psychiatry at St George's, University of London in 2005. Appointed Chief Executive Officer of Naufar, Qatar Addiction Treatment and Rehabilitation Centre from 2011 till 2013 and returned to UK to continue in posts of Professor of Psychiatry at St George's, University of London and Honorary Consultant in Addiction Psychiatry at South West London and St George's Mental Health NHS Trust.

Specialities: Professor Abou-Saleh has worked for the General Medical Council (GMC) on fitness to practice issues. More recently, Consultant Psychiatrist for the Helen Bamber Foundation in London for assessment of refugees and asylum seekers, victims of torture and violence in conflict countries.

Dr. Saad Al-Khalaf² *Consultant Psychiatrist*
Qualifications: FRCPsych, MBCHB, DPM, DipPsych

Expertise: Old Age Psychiatry • Acute

General Psychiatry

Specialities: Psychiatry of Older Adults • Mood

Disorder • Resistant Depression • Cognitive

Impairment • Dementia

Past Appointments: Consultant Psychiatrist, Surrey & Border NHS Trust

Languages: Arabic • French

Dr. Vivek Bisht⁴ *Consultant Forensic Psychiatrist*

Qualifications: MBBS, MRCPsych, MSc, PGDip

FMH, Bond Solon Trained

Expertise: Consultant Forensic Psychiatry

Specialities: Personality Disorders • Trauma

• Abuse • Affective Disorders • Schizophrenia

• Substance-Misuse • Sexual Offending

• Medico-Legal

Current NHS Post: Forensic Training Programme Director, Brockfield House, SEPT NHS

Languages: Hindi • Urdu

Dr. Teresa Borrell⁵ *Consultant Psychiatrist*

Qualifications: LMS MRCPsych

Expertise: General Adult Psychiatry

Specialities: Serious & enduring mental health problems – severe depression, schizophrenia, bipolar illnesses & PTSD

Current post: NELFT, Consultant in General Adult Psychiatry since 2000

Dr. Michael Bourke⁶ *Consultant Psychiatrist*

Qualifications: FRCPsych (UK), FRCP (Canada), FCPsychI (Ireland)

Expertise: Liaison Psychiatry • General Psychiatry

Specialities: Anxiety • Depression • Eating

Disorders • Somatoform Disorders • OCD

• Psychosomatic Disorders • Medico-Legal

• Personal Injury • Trauma

Previous Appointments: Consultant Psychiatrist, Blackrock Clinic and Adelaide Teaching Hospital & Medical Director Kylemore Clinic, Dublin, Ireland.

Dr. Paul Foster ⁷ *Consultant Psychiatrist*

Qualifications: MRCPsych, CCST Psychiatry, MB BS

Expertise: General Adult Psychiatry

Specialities: General Mental Health Issues

- Enduring Mental Illness • Psychotherapy
- Psychosis

Current NHS Post: Consultant Psychiatrist, Edgware Community, BEH Mental Health NHS Trust

Dr. Jona Lewin ⁸ *Consultant Psychiatrist*

Qualifications: MD Munich, MPhil London, FRCPsych

Expertise: General Adult Psychiatry

Specialities: Mood Disorders • Anxiety Disorders

- PTSD • OCD • Perinatal Psychiatry

Current NHS Post: Consultant Psychiatrist, CNWL Foundation Trust, Brent Assessment and Brief Treatment Team and Coombe Wood Perinatal Service

Languages: German

Professor Anthony Maden ⁹

Consultant Forensic Psychiatrist

Qualifications: FRCPsych, MBBS, MD

Expertise: Forensic Psychiatry

Specialities: PTSD • Medical Negligence

- Employment Tribunals • Adult Consequences of Childhood Sexual Abuse • Personality Disorders

Current Appointments: Emeritus Professor of Forensic Psychiatry at Imperial College London

- Jointly appointed expert to the Jersey Historic Abuse Redress Scheme

Dr. Stefanos Maltezos ¹⁰ *Deputy Medical*

Director and Consultant Psychiatrist

Qualifications: MBBS, MSc

Expertise: General Adult Psychiatry

Specialities: ADHD • Autism Spectrum Disorders

- Anxiety Disorders • Mood Disorders /

Depression • Medico-Legal

Current NHS Post: Consultant Psychiatrist at the Adult Autism Spectrum Disorder/ADHD Service at the Maudsley Hospital, South London and Maudsley NHS Foundation Trust.

Languages: Greek

Dr. Jason Maratos ¹¹ *Medical Director PPCS,*

Consultant Child & Adolescent Psychiatrist

Qualifications: DPM, MPhil, MInstGA, FRCPsych

Expertise: Child & Adolescent Psychiatry

- Psychotherapy • Family Therapy

Specialities: Emotional & Behavioural Difficulties of Children and Adolescents • Attention Deficit (Hyperactivity) Disorders • Psychosomatic Disorders

- Group Analysis • Medico-Legal • Trauma

Previous Appointments: NHS Consultant since 1980

Languages: Greek

Dr. Charles Musters ¹³

Consultant Perinatal and General Adult Psychiatrist

Qualifications: BSc, MB BS, MRCPsych, MSc

Expertise: Perinatal Psychiatry (mental health problems in pregnant and postnatal women)

- General Adult Psychiatry

Specialities: Depression • Anxiety • OCD and

Psychosis in pregnant and postnatal women

- Pre-conception advice for women with mental health problems who are planning pregnancy

- Full range of General Adult mental health

problems in male and female patients.

Current NHS post: Consultant Psychiatrist, Perinatal Mental Health Team, Newham.

PSYCHIATRISTS *continued*

Dr. Eleni Paliokosta¹⁴

Consultant Child & Adolescent Psychiatrist

Qualifications: MD, PhD

Expertise: Consultant Child and Adolescent Psychiatrist.

Specialities: Child and Adolescent Mental Health • Autism Spectrum Disorders • ADHD and other developmental disorders and Learning disabilities.

Current NHS Post: Consultant Child & Adolescent Psychiatrist, Camden MOSIAC CAMHS

Languages: Greek

Dr. Maria Papanastassiou¹⁵

Consultant Psychiatrist

Qualifications: MD, MRCPsych, MSc,

Dip Psychoanalytic Psychotherapy

Expertise: General Adult Psychiatry

Specialities: PTSD • Personality Disorders

• Group Analysis • Psychotherapy • Medico-Legal

• Anxiety • Depression • Schizophrenia

Current NHS Post: Adult Psychiatrist at NHS

NELFT, awarded 6 clinical excellence awards.

Languages: Greek

Dr. Maja Ranger¹⁶ *Consultant Psychiatrist*

Qualifications: MD, MRCPsych

Expertise: General Adult Psychiatry

• Rehabilitation Psychiatry

Specialities: Mood Disorders • Anxiety • OCD

• Depression • Psychosis • Schizophrenia •

Personality Disorder • Stress Reaction • PTSD

• Perinatal Psychiatry

Current NHS Post: Consultant Psychiatrist CNWL

NHS Foundation Trust

Languages: Serbo-Croat

Dr. Gavin Tennent¹⁷ *Consultant Psychiatrist*

Qualifications: MA, DPM, DM, MRCPsych,

FRCPSych, Dip Criminal

Expertise: Forensic Psychiatry • General Psychiatry

Specialities: Depression • Anxiety • Medico-Legal

• Personal Injury • Episodic Dyscontrol

Dr. Jan Wise¹⁸ *Consultant Psychiatrist*

Qualifications: MB, BS, MSc, FRCPSych

Expertise: General Adult Psychiatry

• Liaison Psychiatry • Medico-Legal

Specialities: Adult ADHD • Capacity Assessments

• Fitness to Parent • Disability • Mood Disorders

• Anxiety • PTSD • Personal Injury • Psychosis

• Schizophrenia • Substance Misuse

Current Appointments: Consultant Psychiatrist,

NHS 2002-Present • Lecturer at EPA and APA

annual conferences • Over 70 publications

Dr. Pdraig Wright¹⁹ *Consultant Psychiatrist*

Qualifications: RPN, LRCP&SI, LM, MB, BAO,

MRCPsych

Expertise: General Psychiatry • Neuropsychiatry

• Employment Psychiatry

Specialities: Psychopharmacology • Medico-Legal

(personal injury) • Adult ADHD • Injury at Work

• Employment Discrimination

Professor Graeme Yorston²⁰

Consultant Forensic Psychiatrist

Qualifications: BSc, MB BS, MSc, MRCPsych, MEWI

Expertise: Medicolegal: murder, sexual offences,

older offenders, fitness to plead, personal

injury, automatism, dementia, depression,

testamentary capacity

Specialities: Old Age Psychiatry • Neuropsychiatry

• Forensic Psychiatry

Current Post: Consultant Forensic

Neuropsychiatric, St Matthews Healthcare,

Dallingtons Hospital, Northampton

ASSOCIATE CONSULTANTS

Dr. Jonathan Stewart²¹ *Pain Consultant*
Qualifications: MBChB, DA, DPM, FRCA, FFPM
Expertise: Pain Medicine • Neuropathic Pain
• Back Pain

Specialities: Chronic pain; Neuropathic, inflammatory, somatic, dysfunctional and musculoskeletal pain • Bipolar Illness
• Schizophrenia • Depression • Back Pain
• Fibromyalgia • Repetitive Strain Injury
Current NHS Post: Consultant Pain Management, Charing Cross Hospital, London with the Imperial College Healthcare NHS Trust

PSYCHOLOGISTS

Mr. Anthony Bedford²²

Chairman, PPCS Ltd., Chartered Psychologist
Qualifications: MA, MPhil, AFBPsS
Expertise: Psychology • Clinical Management
Specialities: Assessments for Treatment
• Medico-Legal Assessment

Mrs. Julianne Boutaleb²³

Chartered Consultant Counselling Psychologist
Qualifications: BA, BSc, H. Dip. Ed., MA, MSc (Psychol), CPsychol, AFBPsS. Registered with BPS, HCPC and BPC
Expertise: Dynamic Interpersonal Therapy (DIT)* • Attachment Based Individual and Couples Therapy (EFT) • Brief and Longer-term Psychodynamic Psychotherapy • Trauma-focussed Therapy • Object Relations.
Specialities: Perinatal Mental Health and Parenting Issues • Infertility and Coping with IVF • Sexual Difficulties • Sexual Addictions and Sexual Identity Issues • Working with Survivors of Child Sexual Abuse (CSA) • Depression, Anxiety and Trauma • Mood Disorders • Work-related Issues and Stress • Long-term Health Conditions and Terminal Illness • Working with Transitions and Traumatic Life Events
Current and previous appointments: Currently Clinical Lead for High Intensity therapies, Newham Talking Therapies, Clinical Lead for Psychodynamic Therapies, East London Foundation Trust (2011–14), Lead Psychologist for Sure Start Newham (Parenting Service), Newham PCT (2003–2009). Lecturer on Clinical and Counselling Psychology Doctorate courses in child psychology and community psychology. 12 years' experience as supervisor and trainer of clinical/counselling psychologists and psychotherapists.

**brief psychodynamic psychotherapy recently developed by the Tavistock Clinic and endorsed by NICE guidelines*

Dr. Jasmine Chin ²⁴ *Clinical Psychologist*

Qualifications: BSc, D. Psych, PG Systemic Psychotherapy

Expertise: Adult & Family Mental Health • Stress

• Depression • Anxiety • Work Conflict • Trauma
• Bereavement • Anger • Psychosis • Relationship Difficulties • Parenting • Family work

Specialities: Narrative Therapy • Mindfulness

• CBT • Systemic Psychotherapy

Current NHS Post: Clinical Psychologist – Adult Mental Health and Child & Adolescent Mental Health, Tavistock & Portman NHS Trust and Camden & Islington NHS Trust

Dr. Paul Curran ²⁵

Chartered Consultant Educational Psychologist

Qualifications: BA, Med, PsyD, CPsychol, CSci, AFBPsS

Expertise: Psychological Assessment for Children, Adolescents & Adults

Specialities: Assessment of gifted, talented, high potential and exceptional students, graduates and professionals • Psychological Coaching

Previous Appointments: Senior Educational Psychologist, Essex County Council Education Psychology Service • Postgraduate Academic & Professional Tutor in Education and Child Psychology • Principal Lecturer, Dept. of Psychology, UEL • Independent Practice

Dr. Alessandra De Acutis ²⁶ *Chartered Psychologist*

Qualifications: BSc, Dr Psychotherapeutic & Counselling Psychology, HCPC, BPS, Certified Business/Life Coach.

Expertise: Severe and Enduring Mental Health problems (inpatients + outpatients), Trauma, Psychosis, Bipolar Affective Disorder, Depression, Anxiety, Addictions, Stress Management, Individual and Group treatment for Borderline Personality Disorders, Family Work.

Specialities: Anxiety, Depression, Psychosis, Severe Mental Health difficulties including Psychosis; work-related stress, life coaching, business coaching, team coaching, the role of spirituality, religion and personal philosophy in therapy, wellbeing and recovery from mental health problems

Previous posts: GP practice (NHS) Eating Disorders Charity (BEAT), Psychodynamic Psychotherapy Outpatients Clinic (NHS); Inpatient Acute Mental Health Ward (NHS); Community Mental Health Team (NHS).

Ms. Fiona Dunn-Lowes ²⁷

Chartered Consultant Clinical Psychologist

Qualifications: BA (Hons) Psychology, MSc Clinical Psychology, Advanced Schema Therapy Practitioner, EMDR Trained, BACP

Expertise: General Adult Mental Health

• Addictions / Substance Misuse
• Psychology in the Creative Industry • Stress
• Relationship difficulties • Trauma
Specialities: PTSD • Eating Disorders • OCD
• Anger Management • Mood Disorders
• Anxiety Disorders

Previous Appointments: Consultant Clinical Psychologist, Compass, Harrow Drug and Alcohol Service. Psychological Therapies, Oxford Health NHS Foundation Trust • Specialist Community Drug and Alcohol Service, South Bucks NHS Trust • Community Alcohol Service, West Middlesex University Hospital NHS Trust • Regional Drug Dependency Unit, SW London & St Georges Mental Health NHS Trust

Dr. Valentina Fernandez ²⁸

Highly Specialist Clinical Psychologist | Cognitive Behavioural Therapist

Qualifications: Clinical Psychologist (BPS), Accredited Cognitive Behavioural Therapist (trained at the Behavioural Unit, Prof. Victor Meyer)

Expertise: Clinical Psychology • Cognitive Behavioural Therapy

Specialities: Generalised Anxiety Disorder

- Panic Disorder • Phobias • Depression
- Anger Management • Health Anxiety
- OCD • PTSD • Trauma • Bereavement
- Stress Issues • Psychology in the Creative/Art Industries • Medico-Legal

Current NHS Post: Highly Specialist Clinical Psychologist working p/t for NHS.

Languages: Serbo-Croat

Mr. Daniel Friedland ²⁹

Consultant Clinical Neuropsychologist

Qualifications: MA

Expertise: Neurorehabilitation • Cognitive Assessments

Specialities: Acquired Brain Injury • Traumatic Brain Injury • Neuropsychology • Hypoxic/ Anoxic Brain Injury • Infections • Strokes

Current NHS Post: Acquired Brain Injury

Team, Hertfordshire

Mrs. Julie Henry ³⁰ *Chartered Psychologist*

Qualifications: BSc (Hons), MSc, PGDip Psych, BPS Full Member Division of Couns Psych

Expertise: Integrative Relational Model • Working with Adults and Young Adults also Focusing on the Therapist-Client Relationship.

Specialities: Relationship Difficulties • Personality Development • Social and Communicative

- Functioning • Depression • Stress • Anxiety • Self-Esteem and Confidence building • Work Related Issues • Bullying • Burn-out and the Perfectionist Model • Trauma and PTSD • Bereavement and Loss

Previous Appointments: NHS (Secondary Care), over 18 years of private and public sector work

Professor Narinder Kapur ³¹

Consultant Clinical Neuropsychologist

Qualifications: BA, PhD, Dip Clin Psych, FBPS

Expertise: Neuropsychology • Memory Disorders • Neuropsychological Assessments • Memory Rehabilitation

Specialities: Amnesia • Dementia • Epilepsy • Acquired Brain Injuries • Medico-Legal Reporting

Current Posts: Visiting Professor of Neuropsychology, UCL, Head of Neuropsychology Service at Imperial College Healthcare NHS Trust.

Dr. Stephen Kemp ³²

Consultant Clinical Neuropsychologist

Qualifications: BSc, D Clin Psychol, PG Diploma

Expertise: Acquired Brain Injury • Neurological Disease • Neuropsychological Assessment

Specialities: Epilepsy • Neuropsychological Rehabilitation • Dementia • Medically Unexplained Symptoms (MUS) • PTSD • Anxiety • Depression • Coping Difficulties • Medico-Legal Reporting

Current Posts: Consultant Clinical Neuropsychologist at St James's University Hospital, Leeds.

PSYCHOLOGISTS *continued*

Dr. Sharon Leicht ³³

Consultant Clinical & Forensic Psychologist

Qualifications: BA (Hons) Psych, MApplPsych, MSc, DipClHypn, DCIPsych

Expertise: Clinical Psychology • Forensic Psychology • Clinical Hypnotherapy

Specialities: Abuse • PTSD • Psychosis • Personality Disorders • Depression • Anxiety • OCD • Phobias • Grief and Loss • Mindfulness • Cognitive & Intellectual Assessments • Personality Assessments • Stress Management • Forensic Assessments • Psychosexual Assessments • Eclectic Approach • CBT • DBT • Rorschach Techniques • EMDR • Schema-Focused

Previous Appointments: 26 years experience as a qualified Psychologist, 15 years as a Consultant Psychologist. Experience as a Military Psychologist.

Dr Rebecca Lowe ³⁵ *Chartered Psychologist*

Qualifications: CPsychol, BA, DipPsych, CertArt, DCounsPsy, HPCP, MBABCP

Expertise: Dr Lowe is a Specialist Psychologist in the National Health Service and the Private Health Sector, with a specific focus on acute anxiety and stress management, depression and trauma presentations and both general and complex mental health care.

Specialities: Dr Lowe also has a background in creative arts and is trained to integrate art into psychological therapy and general and complex mental health care.

Dr. Guy Moss ³⁶

Chartered Clinical Psychologist

Qualifications: BSc, MClInPsych, DPpsych

Expertise: Clinical Psychology •

Specialities: Anxiety Disorders • Mood Disorders • Anger Management • Addiction • Relationship Difficulties • Stress Related Issues • Personality Disorders • Psychotic Illness • Schizophrenia
Current NHS Post: Clinical Psychologist working within at an out-patient and in-patient service at Camden and Islington Mental Health NHS Trust.

Dr. Soren Petter ³⁷

Consultant Practitioner Psychologist and Psychotherapist

Qualifications: BSc (Hons), MA, PostMADip, PgDipExPsych, DrPsych, AFBPsS, UCKP, HCPC

Expertise: Severe and enduring mental health problems • Sexual Compulsivity • Addiction

• Relationship Difficulties • Bereavement • Trauma • Anxiety • Stress • Crisis • OCD • Depression • Mood Disorders • Conflict at Work • Loss of Meaning • Organisational and systems advice & analysis

Specialities: CBT • Analytical • Solution-focused • Coaching • Stress Management • Couples • Systems

Current Appointments: Senior University Lecturer and trainer in applied psychology, academic and clinical supervisor and examiner.

Previous Appointments: NHS Specialist Psychologist in Psychiatric Intensive Care

Languages: German

Dr. Che Louise Rosenbert ³⁸

Chartered Psychologist

Qualifications: DClinPsych, MA; BSc

Expertise: Clinical Psychologist, Organisational Consultant, Division of Clinical Psychology Psychosis & Complex Mental Health Faculty Chair. Therapist, Supervisor, Trainer.

Specialities: Adult Mental Health: Anxiety including OCD, Depression, Bereavement, PTSD & Trauma • Psychosis including Voices, Hallucinations and Paranoia • Bipolar Disorder, Relational Difficulties with Self and Others • Deliberate Self-harm • Staying Well • Individual, Couple, Family and Group Work • CBT and Integrative Psychotherapies and Family Interventions • Facilitating Healthy Organisations using Systems Psychodynamics and Reflective Practice.

Current NHS Post: Adult Mental Health & Homelessness, East London NHS Foundation Trust

Dr. Naomi Scott ³⁹

Consultant Clinical Psychologist Cognitive Behavioural Therapist

Qualifications: DClinPsych, CPsychol, BABCP Accredited

Expertise: Psychological Assessment & Therapy (individual and group) • CBT • Mindfulness & Acceptance

Specialities: Depression • Anxiety Disorders • Borderline Personality Disorder • Psychosis • Bipolar Disorder

Current NHS Post: Joint Head of Adult Mental Health Psychology, City & Hackney, East London Foundation Trust

Dr. Fiona Seth-Smith ⁴⁰

Chartered Clinical Psychologist

Qualifications: BSc (Hons), BA (Hons), PClinPsych, BPS's Faculty for Perinatal Psychology, Faculty for Children & Families, Faculty for Psychosis & Complex Mental Health

Expertise: Children & Families • Perinatal Psychology • Adult Psychotherapy • Art Psychotherapy • General Adult Mental Health • Family Therapy • CBT • Severe Mental Illness

Specialities: Children & Families • Perinatal Mental Health • Infant Parent Psychotherapy • Anxiety • Depression • Personality Disorders • Family Therapy • Psychosis

Current NHS Post: Clinical Psychologist at CNWL NHS Foundation Trust

Mr. Andrew Smith ⁴¹

Chartered Counselling Psychologist

Qualifications: BSc (Hons), MSc PG Dip Psych Couns PGDip H.E., AFBPsS

Expertise: Mental Health Issues • Managed Return to Work Programmes

Specialities: OCD • Sexual Dysfunction • HIV/AIDS • Anxiety • PTSD • Psychosis • Individual Therapy • Adolescent Mental Health • Bereavement • Depression • Relationship Issues • CBT • Existential

Ms. Emma Southgate ⁴²

Chartered Counselling Psychologist, Cognitive-Behavioural Psychotherapist

Qualifications: BSc, MSc Clinical and Public Health Aspects of Addiction, MSc Counselling Psychology, Post-MSc Counselling Psychology, Post Graduate Dip in Advanced Practice in Cognitive Behavioural Therapy

Expertise: Mental Health Issues

Specialities: Anxiety Disorders • Depression • PTSD • Work-related Stress • Phobias

PSYCHOLOGISTS *continued*

Dr. Barbara Stevens⁴³

Chartered Clinical Psychologist

Qualifications: BA (Hons), Ph.D, DipClin Psych, AFBPsS

Expertise: Neuropsychological Assessment of learning disabilities and dementia

Specialities: Anxiety Disorders • Depression • Prevention of Suicide • OCD Post Traumatic Neurosis • Cognitive Assessments • Learning Disability • Dyslexia • Presenile & Senile Dementia • Traumatic brain injury • CBT for anxiety disorders

Previous Appointments: Consultant Forensic Psychologist, Runwell Hospital Medium Secure Unit, 1985 – 2002. Over 30 years experience as Chartered Psychologist.

Ms. Kasia Szymanska⁴⁴ *Chartered Psychologist,*

Cognitive Behavioural Psychotherapist

Qualifications: BSc (Hons), Dip Couns, MSc, AFBPsS, BABCP Accredited EMDR Trained, ISCP Accred.

Expertise: Cognitive Behaviour Therapy (CBT) • Rational Emotive Behaviour Therapy (REBT) • EMDR • Cognitive Behavioural Coaching (CBC)

Specialities: Stress Management • Anxiety Disorders • OCD • Depression • PTSD • Personality Disorders • Burn-Out • Body Dysmorphic Disorder • Psychological Coaching

Previous Appointments: Psychologist working for NHS • Lecturer on the Doctorate in Counselling Psychology, University of East London.

Dr. Louis André van Graan⁴⁵

Consultant Clinical Neuropsychologist

Qualifications: BA, BA (Hons), MA (Clin Psych), MSc (Neuroscience), D.Phil, MSc (Advanced Neuroimaging)

Expertise: Neuropsychological Assessment and Rehabilitation • Psychological Therapy

Specialities: Pain Psychology • PTSD • Human Factors and Performance • Brain Injury • Epilepsy • Anxiety Disorders • Depression

Previous Appointments: Consultant Neuropsychologist, Priory Healthcare • Consultant Neuropsychologist, Brain Injury Rehabilitation Trust • Clinical Psychologist, Institute of Psychiatry & Maudsley Hospital, London

Damian White⁴⁶

Cognitive Behavioural & Existential Psychotherapist

Qualifications: MSc Cognitive Psychotherapy, MSW, Advanced Dip Existential Psychotherapy, PG Dip Counselling, BABCP and UKCP reg.

Expertise: Cognitive and Existential Psychotherapy • Range of Mental Health Issues

Specialities: Depression • Anxiety Disorders • PTSD • Substance Misuse • Trauma • Stress • Relationship Issues • Bereavement • Loss of Meaning • Workplace Issues

Current Appointments: Senior University Tutor for NHS IAPT Programmes • Lecturer in Existential and Cognitive Behavioural Therapy Practice

Dr. Mark Winwood⁴⁷

Consultant Counselling Psychologist

Qualifications: D. Psych, MSc, BA (Hons),

CPsychol, CSci, AFBPsS

Expertise: Counselling Psychology

• Psychological Assessment • CBT • Systemic

Family Therapy

Specialities: Workplace Stress • HIV & Sexual Health

• Health Anxiety • Anxiety Disorders • Depression

• Relationship Issues • PTSD • Insomnia

Current Appointments: Consultant Clinical

Director, AXA PPP healthcare & AXA ICAS

International

Previous Appointment: Clinical Director for

Psychological Health, AXA PPP healthcare

• Senior Counselling Psychologist, Royal Free

Hospital NHS Trust • Research Psychologist, St

Mary's Hospital, Paddington.

ASSOCIATES (DIETITIAN)

Ms. Linia Patel⁴⁸

Registered Dietitian

Qualifications: MSc Nutrition, BSc (Hons)

Nutrition & Dietetics, BSc Biochemistry &

Physiology

Expertise: Weight Management • Digestive

Health • Women's Health • Chronic Diseases of

Lifestyle • Sports Nutrition • Vegetarian Diets

• Children's Nutrition • Sport Specific Nutrition

• Corporate Service Nutritionist • Nutrition

Education

Specialities: Diabetes • Coronary Heart Disease

• High Blood Pressure • PMS • Menopause

• Polycystic Ovary Syndrome • Digestive Health

• IBS • Food Intolerances • Corporate Wellness

and Nutrition • Nutrition in Stress • Sports

Nutrition; performance, underperformance,

stress, burnout & injury)

Current NHS post: Specialist Primary Care Dietitian

HOW TO FIND US



PPCS is located in central London:

By Car: PPCS is within the London Congestion Charging Zone. Parking is limited although NCP car parks are located within the vicinity and can be found by visiting:

www.ncp.co.uk/find-a-car-park.htm.

Pay and Display parking is available near to the Clinic.

By Tube: PPCS is conveniently located between two tube stations: Regent's Park (served by the Hammersmith & City, Circle, Bakerloo lines) and Baker Street (served by the Hammersmith & City, Circle, Metropolitan, Bakerloo and Jubilee lines). The Clinic is a five minute walk from either station.

By Train/Buses: The closest mainline station is Euston Station which is a 15 minute walk away or served by frequent London buses (numbers 205 and 30). Paddington and Marylebone Stations are also close by.